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Vol. 15, No. 16

From the Beaches to the River District downtown Fort Myers

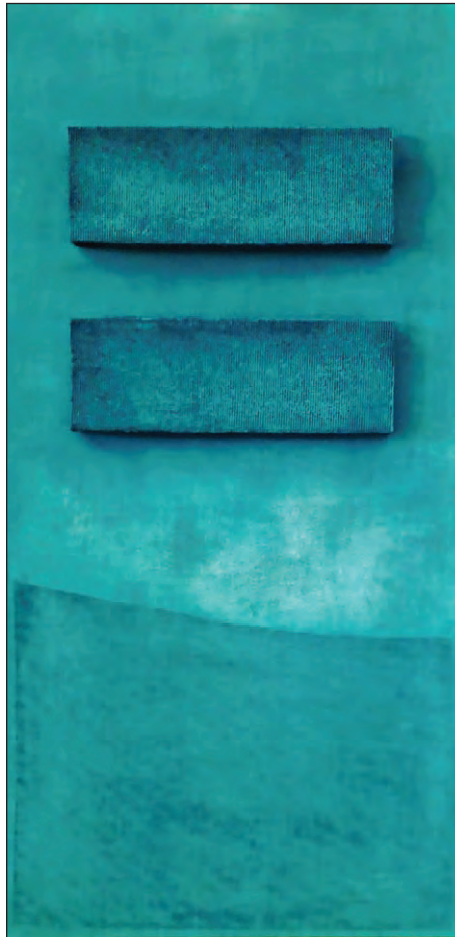
APRIL 22, 2016

New Exhibits To Open At ACT Gallery

Arts for ACT Gallery will hold an opening reception on Friday, May 6 from 6 to 10 p.m. Featured in the main gallery will be Katherine Boren's exhibit *Textures-Tones*. Danielle Branchaud's *Emotive* exhibit will be on view in the white gallery, and off the main gallery will be *Shadow Boxes* by Ron Evans. This exhibit continues through May 30.

Boren's series of new works combine multiple mediums evoking various emotions, events and places utilizing non-representational techniques. Using a predominantly monochromatic palette and a combination of non-traditional and found materials, her new works emphasize the reflection of light, varying textures and shapes, and differing grades of color saturation. Boren's use of color, form and texture evoke emotional and psychological reactions to her art. She says that her most successful work utilizes a base hue and uses its shades, tones and tints to encourage further exploration by the viewer.

Originally from New York, Boren studied at New York University and the New School. She graduated with an emphasis in sculpture from the State



The Sky Is Falling by Katherine Boren



Emancipation Figure by Danielle Branchaud

University of New York. Her work has been exhibited at numerous venues in solo, group, juried and member shows. More information can be found on her website at www.katherineboren.com.

Branchaud says, "The things that drive the human experience are based

on instinct and emotion. Since the beginning of mankind, the ways in which we relate to one another, connect and evolve have consistently been revolving around those basic drives. And these instincts lurk still, within the

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The Mother's Day Raffle third place prize is a \$100 gift certificate courtesy of Pure Florida

Kiwanis Mother's Day Raffle Prizes

The Fort Myers Metro-McGregor Kiwanis is selling tickets for the club's annual Mother's Day Raffle. The raffle benefits the club's BUG (Bringing Up Grades) program, sponsored service leadership programs and

other community projects. Tickets are available for a suggested donation of \$10 each or three for \$25. The drawing will be held on May 3.

For more information and tickets, contact Harris Segel at harris@pampered-pooch.com, 939-4027 or www.metro-mcgregor.com/raffle.html. Must be 18 years or older to participate. Winners will be informed by telephone. If winner

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Historic Columbus Ships To Dock At The Marina At Edison Ford

The Partners on the River announced that the *Pinta* and the *Nina* – replicas of Christopher Columbus' historic ships – will be docked at the Marina at Edison Ford, located at 2360 West First Street, for one week until their departure early Wednesday morning, April 27.

"We are thrilled to be able to welcome these historic ships to our marina," said Grant Phelan, owner of the Marina at Edison Ford and Pinchers.

Guests who visit the ships will receive a voucher for a free drink or free dessert courtesy of Pinchers with their ticket purchase.

In celebration of the ships docking next to the Edison Ford Cove, Edison & Ford Winter Estates will be offering a riverside-only ticket for \$10 and an Edison Ford member ticket for \$5 that can be purchased at The Marina at Edison Ford. Free admission for children. Visitors will enter Edison Ford through the marina entrance to see the homes and gardens along the river.

Pure Florida is celebrating the arrival of the ships by offering a complimentary beverage with any cruise ticket purchase during the ships' marina visit.

The *Nina* was built completely by hand and without the use of power tools. *Archaeology* magazine called the ship "the most historically correct Columbus replica ever built." In 2005, the *Pinta*, also a caravel, was launched in Brazil and was the first ship to sight land in the New World. Historians consider the caravel the "Space Shuttle of the 15th century."

Both ships tour together as a new and enhanced "sailing museum" for the purpose of educating the public and school children on the "caravel," a Portuguese ship used by Columbus and many early explorers to discover the world. Before him, the Old World and the New remained separate and distinct continents and ever since their fates have been bound together for better or for worse.

While in port, the general public is invited to visit the ships for a walk-a-board,

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Historic Downtown Fort Myers, Then And Now:

Tamiami Trail Blazers Depart Fort Myers



by Gerri Reaves, PhD

Ninety-three years ago this month, the Fort Myers contingent of Tamiami Trail Blazers set out for Miami via Everglades City (then called Everglade) in Collier County. Their goal was to cross an unfinished stretch of the proposed trail that we know today as U.S. 41 and/or Interstate 75.

The name Tamiami Trail, coined by LP Dickie of the Tampa Board of Trade, captured the intent of the project by combining parts of the terminal cities' names, Tampa and Miami.

The men departed with great fanfare on April 4, with a band playing and best wishes from Thomas A. Edison and Henry Ford themselves. The media recorded the start of the historic venture

that was supposed to end in only three or four days.

Little did they know... it would be two and a half weeks before the first bedraggled travelers made it to Miami.

More than 20 men traveled in 10 vehicles, including one Ford Model-T commissary truck, seven Model-T Fords sedans, and two heavy touring cars, a new Elcar and an Overland. Only the Model-Ts survived the trip.

Among the Trail Blazers were boosters, publicists, editors and journalists who hoped to gain attention for their cause.

The Florida Grower magazine of Tampa sponsored the "official car" for the venture, which was something of a media and publicity extravaganza. The trip is sometimes bluntly characterized as a publicity stunt. The Trail Blazers hoped to invigorate the push to get the road-project finished.

On the third day, Seminole guides Billy Conapatchee and Assumhachee (also called Abraham Lincoln Clay for his resemblance to the 16th U.S. president), joined the party. And the guides were indispensable. Fort Myers' Stanley Hanson, an expert on the Everglades, was no doubt an asset, too.



The Tamiami Trail Blazers leave Fort Myers on April 4, 1923 for a trek across the state to Miami
courtesy Florida State Archives



The first Trail Blazers finally arrived in Miami on April 23 to be honored by a parade and celebration
courtesy Southwest Florida Historical Society

The photo pictures many of those who made the trek: (front from left) LJ Van Duyl, Alfred Christensen, Maurice Ayer, George W. Dunham, Cyril B. Shawcross, and LA Whitney; (back) Ora E. Chapin, Charles Hunt, George Prime, Allen Andrews, Seminole guide Assumhachee, Fred C. Garmon, Milton Thompson (who at 17 was the youngest in the group), JP Cosden, Clark Taylor and W. Stanley Hanson.

Among Trail Blazers not pictured are Seminole guide Billy Conapatchee, Russell Kay, Frank Whitman, E P Green, John E. Morris, George E. Hosmer, Henry Colquitt, Fred B. Hough, Amos Bolich, FS Lewis and Joe W. Hill.

The motorcade attempted to cross a wilderness where only Seminoles, Miccosukees, and law-evaders such as moonshiners and bootleggers were at home.

The procession bogged down in muck and was forced to abandon vehicles. They endured swarms of insects, wielded axes to construct "corduroy" roads, faced the threats of snakes, alligators, and razor-sharp sawgrass, negotiated jagged limestone rocks, and even suffered thirst and hunger. Hough was injured with an axe.

After only several days, there were defectors, including Allen Andrews, editor of *American Eagle*, the Koreshan Unity newspaper, who caught a ride to Miami from a construction camp and awaited his fellow Trail Blazers.

Without equipment being sent to extricate the vehicles from the muck, who knows if the trip would have continued or how long it might have taken?

Thank heaven for the Seminole guides, who knew how to hunt for game, find drinkable water, and navigate the most promising route east.

As the group approached Miami, they met a blasting crew and learned that press stories had speculated that the travelers were "lost" and perhaps perished, succumbing to the Big Cypress Swamp's daunting environment.

Search planes had been sent out, and at one point, their mood was lightened by the arrival of a supply plane sent by the Miami Chamber of Commerce.

The first 11 men were so tired upon arriving in Miami on April 23 that they could not fully appreciate the celebration, parade, and ceremonies, attended by celebrities and dignitaries. (The others trail blazers would arrive several days later.)

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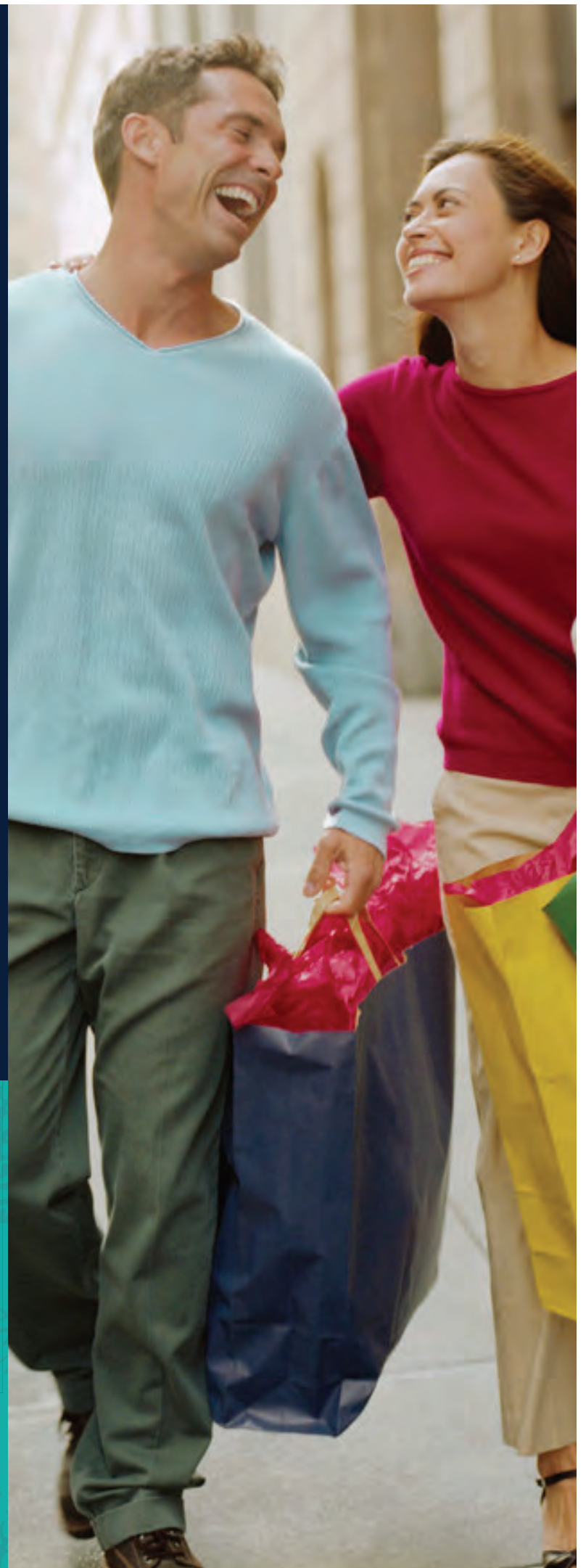
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Author Kicks Off National Book Tour

The Alliance for the Arts will host a book signing featuring local author, Marta Elva, on Thursday, May 12. Between 2 and 4 p.m. she will read from her new novel, *American Tumbleweeds*, published by Circling Rivers. She will also answer questions and autograph copies of her book, which will be available for purchase. This kicks-off the novelist's national tour.

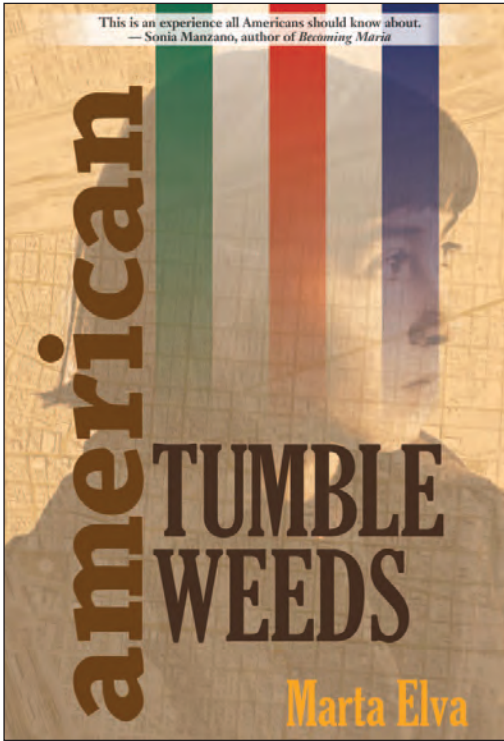
American Tumbleweeds draws a line to the hotly debated immigration issue with the story of a family in crisis on the Mexican-American border. Politics promise to keep the Borderland in top-story news. Set in El Paso, Texas and Juárez, Mexico, Elva's novel tells the bittersweet story of a Mexican-American family's struggle to stay together as tradition collides with the social upheaval of 1960s America.

John Sayles, filmmaker, author and MacArthur Fellow, said, "Marta Elva pulls us into the minds of a half-dozen members of a border family in crisis, dramatizing the state of living *ni aqui, ni alla* – neither here nor there geographically and emotionally. A moving first novel."

Inez's family threatens to fall apart when her father gets arrested smuggling marijuana into the U.S. Inez finds refuge in the old ways cherished by her beloved Mexican grandmother. But life in El Paso is far more exciting, as mini-skirts, rock music, and the sexual revolution shatter tradition on both sides of the border.

Sonia Manzano, actress and author of the acclaimed memoir *Becoming Maria*, said, "The aptly named *American Tumbleweeds* depicts the balancing act some bi-cultural families must undertake to live in America. This is an experience all Americans should know about."

American Tumbleweeds captures the growing pains of a young girl and of all immigrant families whose dual cultural identities lend them both strength and strife. From Amalia, the grandmother, to Inez, woman-child of the 1960s, these



"American tumbleweeds" portray every family: loving and clinging, wounding each other deeply while comforting each other in the soul-deep ways that only families can reach.

Born in Ciudad Juárez, Mexico and raised in El Paso, Texas, Elva's career as a writer, producer, editor and camera operator in television and independent film spans over three decades and includes several Emmy Award-nominated shows, notably PBS WNET New York's *Setting The Stage*. She and her husband raised two children and now live on Florida's Gulf Coast.

The Alliance for the Arts is located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers.✽

Beach Yoga Dates

Join local instructor Becky Lang for Yoga on the Beach on three Saturday mornings in the month of May from 8:30 to 9:30 a.m. The classes, located on Fort Myers Beach just north of the pier in front of the Edison Beach Hotel, will be on May 7, May 14 and May 28.

The class instruction will be a Level 1 flow, suitable for most people. No pre-registration required. Arrive prior to 8:30 a.m. with a yoga mat, sunscreen and water. Hourly parking is available nearby in the Times Square area.

Suggested donation is \$10.

For more information, contact Lang at 791-6538 or beckylang@comcast.net. To learn more about Becky Lang – Fitness & Wellness, visit www.beckylang.com.✽

Call To Artists

The Arts for ACT Gallery in downtown Fort Myers is in need of professional and emerging artists for an open themed group exhibit that will open on July 1 at 2265 First Street in Fort Myers.

Themes to choose from are:

- King and Queens of Everything
- Monsters, Dreams or Fantasy
- Incorporate a symbol, logo or brand

into your artwork.

Themes may be mixed.

The artist entry fee is one piece for \$10, two pieces for \$15 and three pieces for \$20. Entry fees are non-refundable.

The judge for the exhibit is to be

announced. The cash prize for first place is \$100, second place is \$75, third place is \$50 and honorable mentions are \$25.

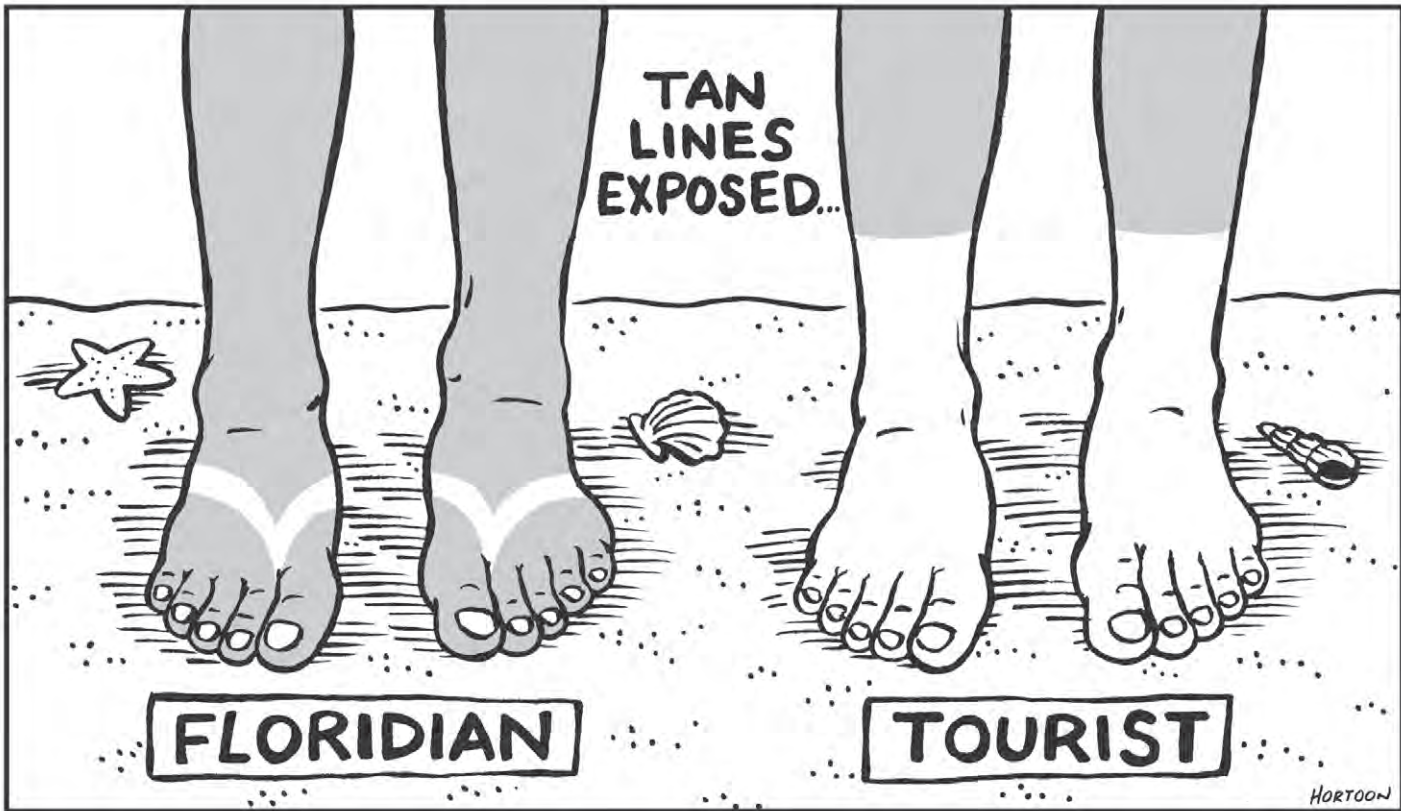
Artists may drop off works to be juried from Saturday, June 18 through Saturday, June 25. Rejected artworks must be picked up on Tuesday, June 28.

The opening exhibit will be held on Friday, July 1 from 6 to 10 p.m. A 40 percent commission on art sales will be retained by Arts for ACT Gallery, with proceeds benefitting the ACT Shelter

Artist will pick up unsold art on Monday, August 1 from 11 a.m. to 4 p.m.

For questions or more information, contact Claudia Goode via email at cgoode@actabuse.com or call 337-5050.✽

HORTOONS



Lake Kennedy Senior Center

Isle Of Capri Casino Bus Trip

The Kennedy Kruisers head to Pompano Beach for a day of gaming fun on Thursday, May 26. Bus trip participants should arrive at 7:30 a.m. prior to the 7:45 a.m. departure. The bus will leave the casino at 4 p.m. to return to Cape Coral at approximately 6:30 p.m.

The Isle of Capri Casino offers more than 1,500 slot machines and 38 poker tables. The all you can eat buffet will feature crisp salads, freshly baked breads, chicken and beef entrees, stone-baked pizzas, and savory side dishes. Each member will receive a \$10 free play and a \$4 off buffet coupon.

Cost for the bus trip is \$35 per member and \$40 per non-member. Preregistration is required.

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.✽

Fort Myers Art:

Sculptor's Riddle Defies Solution

by Tom Hall



In 2001, Florida Power & Light commissioned light sculptor Jim Sanborn to create a public artwork for the City of Fort Myers. Known as *Caloosahatchee Manuscripts*, the dual drum bronze sculpture bathes the Sidney & Berne Davis Art Center in an alphabet soup of lighted letters after dark each night. It is one of the River District's most popular gathering spots during events such as Art Walk, Music Walk and last weekend's Fort Myers Film Festival.

"Sanborn was raised in Washington, D.C.," notes cultureNOW, an online registry that profiles public artworks located all around the nation. "Both of his parents worked in

the Library of Congress, his father as the director of exhibitions and his mother as a photo researcher, which gave him access to the collections. His early work was about hidden or invisible natural forces. But things really changed when he received the commission for *Kryptos* for the CIA Headquarters in Langley, Virginia in the late 80s."

Kryptos means "hidden" in Greek, and Sanborn began to think about how to incorporate a code into the work. He teamed with Edward M. Scheidt, a retired cryptographer who once served as chairman of the Central Intelligence Agency's cryptographic center, to devise and embed four encryptions in the sculpture's curved copper panels as a challenge to the CIA's elite code breakers.

Within the first few years, a CIA physicist deciphered three of the encryptions using nothing more than a pen and paper. The first encryption was a poetic phrase containing an intentional misspelling that Sanborn composed; the second refers to the CIA agent who helped Sanborn with the four puzzles; and the third is a passage from archaeologist Howard Carter's account of opening the tomb of King Tutankhamun in 1922. But the fourth riddle has defied solution.

"On *Kryptos*' 20th anniversary in 2010, Sanborn became so flummoxed by the CIA's inability to crack the code that he decided to give everyone a clue," cultureNOW reports. "He told the *New York Times* that the part of the sculpture that reads 'nypvtt' becomes 'Berlin' once decoded." In conjunction with the release of the new clue, Sanborn launched a website, *Kryptos Clue*, to provide an automated way for people to contact him with their proposed solutions to the puzzle. Over the years, numerous people who were convinced that they'd solved the final puzzle section have contacted him. One woman even showed up at his secluded island home. Most of the solutions people have offered have been wildly off-base. Sanborn says that with the launch of his new site, anyone who thinks they've solved the last section will have to submit what they believe are the first 10 characters of the final 97 before he will respond.

But four years later, the riddle remained unsolved, so on the 25th anniversary of the fall of the Berlin Wall, Sanborn decided to open the door a bit more with five additional letters, those in the 70th through 74th position. They spell "clock," and when combined with his previous clue, we now know that positions 64 to 74 of the encryption spell out two words: "Berlin clock," which apparently refers to a

public timepiece by that name whose 24 lights count off the hours and minutes in rows and boxes, with hours in the top two rows and minutes in the two below. It's a favorite of conspiracy theorists because of the mysterious death in 1991 of its designer, Dieter Binninger, and Sanborn was designing *Kryptos* when the Berlin Wall fell. "There's no doubt I was influenced by all that going on simultaneously," said Sanborn, after promulgating the additional clue.

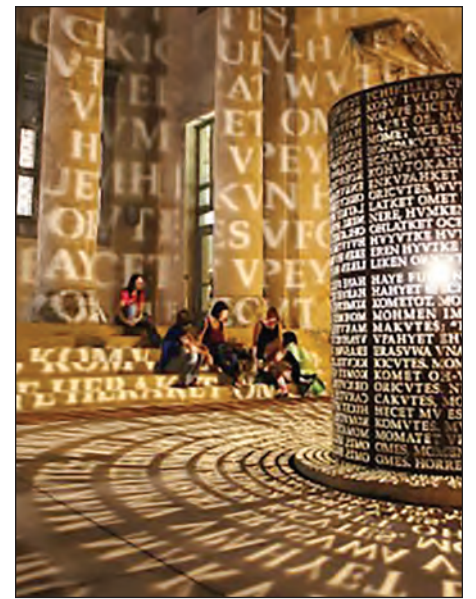
While the new clue energized the thousands of people around the world who have tried to decrypt Sanborn's brainchild, especially the members of a Yahoo group devoted to the sculpture, the puzzle is still unsolved and Sanborn has stated that he'll be more than happy to take the solution to his grave if it remains unsolved at the time of his death.

Each of Sanborn's sculptures has different site-specific texts incised into them. At night, the theatricality of the works takes over, and the texts explode into their settings. *Caloosahatchee*

Manuscripts contains the text of a story told by Maskoki Indian leader Tchikilli to James Oglethorpe about the migration of Native Americans into Florida while the other drum, titled *Lux*, contains the names of more than 200 plants that Thomas Edison tested in his laboratory at the Edison & Ford Winter Estates in his efforts to find a substitute for rubber for his friends Henry Ford and Harvey Firestone.

The embedded puzzles not only explain why Sanborn's work holds enduring interest, but why it is so popular. To date, he has completed more than 125 sculptural installations. However, his most famous work remains *Kryptos*, and only time will tell if and when its final encryption will ever be solved.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✱



Jim Sanborn's *Caloosahatchee Manuscripts* in front of the Sidney & Berne Davis Art Center

Calendar Girls Perform At Walkathon



The Calendar Girls

The Calendar Girls performed at the 2nd annual Southeastern Guide Dogs Fort Myers Walkathon at JetBlue Park on Saturday, April 9. After their performance, they presented a check in the amount of \$5,000 to sponsor their next guide dog puppy.

Since 2006, the Calendar Girls have been sponsoring guide dog puppies for veterans through the Paws for Patriots Program of Southeastern Guide Dogs, and have currently sponsored 16 puppies.

For more information, visit www.calendargirlsflorida.com.✱

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Ziegfeld's Brightest Star At Broadway Palm



by Di Saggau

“Hello Gorgeous” are the first words spoken by Elizabeth McMonagle, who is playing Fanny Brice in *Funny Girl* at Broadway Palm. Fanny was a huge star in the 1920s. The Broadway show

was originally custom-built for Barbra Streisand, so it demands a leading lady with her own individual star quality, as well as comic chops and a voice to master the soaring songs. McMonagle has it all. As the brash, multit talented and unsinkable young Fanny, she owns the part and the show. Standout songs are *People*, *Don't Rain on My Parade* and *The Music That Makes Me Dance*.

Fanny is determined to get into show business even though she views herself as “a bagel on a plate full of onion rolls.” She is full of confidence and with her comic talents eventually winds up in the Ziegfeld Follies. She makes her mark when she upstages everyone in the faux-Ziegfeld bridal scene number. The glitzy costumes and tall feathery headdresses pour on the razzle-dazzle. The choreography is top-notch. I also loved the kitschy patriotic scene, with guys and leggy chorus gals toting rifles while tapping in their sparkling red white and blue outfits.

Fanny falls for a charming bad boy, Nick Arnstein (Drew Stark). When he orders a meal speaking fluent French, she mimes his mannerisms and says “I would have ordered roast beef and potatoes.” He replies, “I did.”




A scene from *Funny Girl*

Fanny and Nick finally marry, they have a daughter, and everything appears to be rosy. Unfortunately, as Nick says in the end, “It’s too late to pick up the pieces.” The musical makes Arnstein a lot nicer and less scandalous than what really occurred between the two, but that’s OK, this is a Broadway fairy tale. You couldn’t wish for a better Fanny than the winning McMonagle.

Stand outs in addition to McMonagle and Stark include Diane Wilde as Fanny’s mother, Christopher Russell as Fanny’s hooper pal Eddie, and Dale Given as Florenz Ziegfeld. Additionally, the rest of the cast turns in committed performances as they wheel around the gravity of the heroine of the story, Fanny Brice.


All that being said, *Funny Girl* is a well-executed production that shows a lot of talent and a lot of heart. It plays through May 14 at Broadway Palm Dinner Theatre, located at 1380 Colonial Boulevard in Fort Myers. Tickets are available at the box office, by visiting www.BroadwayPalm.com or by calling 278-4422.*

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From page 2 Trail Blazers

Even the beribboned jug of grape juice that Thomas Edison or Henry Ford (sources differ) had asked the men to deliver to the famous orator William Jennings Bryan had long since been consumed.

But the trip did accomplish one thing: publicity that would help get the road project finished.

It had been envisioned in 1915 in a State Road Department meeting. However, years of haggling, planning and financing attempts had ensued, for most of vast South Florida was involved.

The project had stalled due to World War I, hurricanes, lack of funds from several coordinating counties or agencies, and a huge land bust, not to mention the plain fact that building such a road was much more difficult than originally conceived.

In addition, bridges over Charlotte Harbor (1921) and the Caloosahatchee (1924) had to be financed and built, just to name two complicated obstacles to completion.

A turning point was reached in 1924 when the State of Florida assumed responsibility for the road linking the two coasts. By then, the automobile age was in full swing, and the state’s economy clearly depended on modern roads.

Everything from explosives to ox-carts

and drillers to dredgers were used in the effort. Nevertheless, the entire trail did not open until April 25, 1928, five years after a trip one group of men would never forget.

The next time you drive along U.S. 41, consider the time and enormous effort it took to complete it.

Then, visit the Southwest Florida Museum of History at 2031 Jackson Street to learn more about the intrepid Trail Blazers who departed Fort Myers in April 1923.

Call 321-7430 for information, or go to museumofhistory.org. Hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

Be sure to visit the Southwest Florida Historical Society’s research center, where you can see a Tamiami Trail Blazers flag.

The all-volunteer non-profit organization is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts.

The center is open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. Call 939-4044 or visit swflhistoricalsociety.org for more information.

Sources: Archives of the Southwest Florida Historical Society; *Blazing the Tamiami Trail* by Steve Glassman; *The Tamiami Trail – Muck, Mosquitoes, and Motorists: A Photo Essay* by Doris Davis, and floridamemory.com.*

FORT MYERS FARE

Dining From Downtown's Historic River District To The Beaches
For more information, check out our advertisers in this week's *River Weekly*

DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 11 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.



AJ Black of Il Tesoro choosing tomatoes for his sauce

IL TESORO

Il Tesoro serves authentic Italian food "with the taste and feel of a Tuscan holiday," according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes

to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

Il Tesoro (The Treasure) serves dinner seven nights a week from 5 to 10 p.m. 751 Tarpon Bay Road, Sanibel. Call 395-4022.

ISLAND COW

Where can you go when you're in the "moood" for some great cookin', local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with French doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches.

2163 Periwinkle Way, Sanibel. Call 472-0606.

JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire, and Cruzan Vibes' reggae on the weekends.

The patio lounge menu includes a selection of "happy apps" for \$5.95 and half price drinks during happy hour, 5 to 7 p.m.

Dinner reservations are suggested. 1223 Periwinkle Way, Sanibel. Call 472-1771.★

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Join Pure Florida for a Marine Science Kids Cruise

Along The River

Pet lovers can enjoy time with their four-legged friends and socialize with other like-minded people in the historic downtown Fort Myers River District tonight.

On Friday, the River District Alliance will hold **PetWalk**, the newest evening event downtown, staged at the **Hendry Street median** between Bay Street and Edwards Drive. PetWalk is from 6 to 8 p.m.

The pet-friendly gathering occurs every fourth Friday of the month. Exhibitors and vendors will be on hand. Several downtown merchants will also be participating and welcoming pets. Pet owners are expected to have pets leashed and any droppings picked up. Owners assume all responsibility and risk for their pet.



PetWalk is Friday evening downtown

For more information, go to www.fortmyersriverdistrictalliance.com or call 855-RDA-EVENTS (732-3836). The River District Alliance (RDA) is a 501(c)3 dedicated to promoting and enhancing the development of the Historic River District as a hub of economic social activity.

On Saturday, spend some time with your child on a special cruise. **Pure Florida** is offering a **Marine Science Kids Cruise** from 10 to 11 a.m. This is part of Pure Florida's Kids Cruise Free program, which provides complimentary cruises for children that are accompanied by paid adult admission.

The Marine Science Kids Cruise offers a hands-on, explorative boat ride that challenges children to work in teams and think critically, while experiencing and learning about marine biology, environmental science and the importance of preserving Southwest Florida's precious waterways.

The cruise meanders along the Caloosahatchee River. Water samples will be collected in different locations in the river to be tested for salinity, pH, nitrate, ammonia and phosphate levels. Passengers will learn about healthy estuaries, the history of the river and healthy practices for clean water preservation.

The boat departs from The Marina at Edison Ford, located at 2360 W. First Street in downtown Fort Myers. Reservations are required.

For more information or to register, visit www.PureFL.com or call 919-2965.

If boating is not your thing, take your child to the **Alliance of the Arts** for the **Musical Discovery Series** on Saturday from 10:30 to 11:30 a.m.

The educational event offers children a chance to engage with musicians and their instruments in a fun, relaxed program that takes place outdoors during the Alliance for the Arts GreenMarket. It involves the handling of instruments and then a brief concert and presentation by the musicians. The musicians explain how their instruments work and the sounds they can make, followed by a question-and-answer session. Each part of the series features different instrument families – brass/percussion, strings, and woodwinds – for an in-depth look at the various types and sounds of symphonic instruments.

The series is recommended for children in kindergarten through sixth grade. Go to www.artinlee.org/event/musical-discovery-series-strings/ to learn more.

Also on Saturday, local climbers will be at **The Oasis Tower One** building to take part in training for the American Lung Association's annual **Fight For Air Climb**.

At 9 a.m., more than 200 people – including local firefighters with 45 pounds of full gear – are expected to climb 31 flights of stairs (or 535 steps) up the residential high rise to raise money for lung cancer research, education and advocacy.

More than \$45,000 was raised at events during fundraising last year.

Last minute participants for Fight For Air can visit www.ClimbFortMyers.org or call 908-2685 to register or more information. Climbers can participate individually or as a team. Registration is \$25, and each climber must raise a minimum of \$100 to participate.

On Sunday, from 12:30 to 3 p.m., a fundraiser for **Love Is FURever Dog Rescue** will be held at **Vino's Picasso**, located at 15250 S. Tamiami Trail, Unit 109 in Fort Myers.

Organizers are calling it a Paint Your Pet Party. Participants are asked to email or bring a headshot of your "fur baby" so that staff can create a sketch. Complimentary wine, beer and snacks will be available. A cash raffle and 50/50 drawing will be held. A free raffle ticket will be given to anyone who brings either new or gently used collars, leashes, dog toys and/or an unopened bag of grain-free dry dog food.

Love Is FURever Dog Rescue is a 501(c)3 Christian-based organization dedicated to rescuing abandoned and neglected dogs. The group believes that all dogs and people matter to God. The mission is to be the change these helpless dogs need, so they can live their lives to the fullest.

For more information, send an email to VickiLIFERescue@gmail.com or visit www.lifedogrescue.org to make a donation.✱

April Yappy Hour At Cape Harbour

The Gulf Coast Humane Society will be having Yappy Hour at Cape Harbour, 575 Cape Harbour Drive, Cape Coral on Friday, April 29 from 5 to 7 p.m.

Attendees are invited to participate in a fun pooper scooper contest to win a gift basket. All dogs and their handlers are invited. A selection of vendors will set up to promote their businesses and Fathoms Restaurant and Bar, with The French Press Café, will provide live music. Attendees can purchase tickets for beer and wine donated by Fathoms Restaurant and Bar that benefit GCHS 100 percent. Also there will be adoptable dogs looking for their forever homes.

For more information about events of the Gulf Coast Humane Society, call 332-0364 or visit www.gulfcoasthumanesociety.org.✱



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Therapy Dog Greet's Guests At CROW



JayL Solomon gives Katie a hearty hug for a job well done

by Jeff Lysiak

One of the places on Sanibel where islanders might expect to see a wild critter rehabilitating from an injury may run into a more familiar domesticated animal greeting them at the door. At the Clinic for the Rehabilitation of Wildlife's Visitor Education Center, the friendly staff of the gift shop has recently been joined by Katie, an 11-year-old goldendoodle, a certified therapy dog.

Katie's owner, JayL Solomon of Fort Myers, has been working at CROW for the past few years. She began bringing Katie to work with her in part because of the canine's gentle demeanor and instant connection with others, both human and fellow animals.

"She's just a riot with all the animals here at CROW... she really likes Shelby the gopher tortoise and Sneezy the opossum. Lola (an American kestrel who also serves as an animal ambassador) flaps her wings too much... Katie doesn't like that," said Solomon. "She's extremely gentle with everyone, which is incredible with everything she's been through."

Solomon's journey with Katie began when she purchased the pooch online from a dog breeder in Missouri for \$1,000. When Solomon went to pick up the 4-year-old goldendoodle at the airport, she was horrified by what she saw.

"She was almost dead... she only weighed 40 pounds and was full of parasites," Solomon recalled. "She had been kept in a crate her entire life and she couldn't even walk. And when the vet looked at her, he advised me to put her down."

But Solomon, who for years trained show dogs in the St. Louis area – having raised a number of grand champion bearded collies and boxers – took it upon herself to nurse the dog back to health. She hand-fed the timid



Katie, an 11-year-old goldendoodle, sits attentively next to owner JayL Solomon at CROW's Visitor Education Center

photos by Jeff Lysiak

canine at first, then taught her how to walk. Despite getting stronger every day, Katie still suffered from shyness.

Then, Solomon got an idea of how she might perk Katie up.

"I thought that she needed a puppy, because she had never had an opportunity to keep any of her own," explained Solomon, who purchased a young goldendoodle from a reputable breeder in Texas. "As soon as I showed her that puppy, she just came to life."

Katie and Ripley – whom she adopted as her own – soon became inseparable. According to Solomon, Ripley was "a typical male slob" who would leave his toys all over the house. Like any good mother, Katie would pick up after her child, placing the toys in their proper place.

Unlike Katie, who was full grown by the time she met Ripley, the younger dog kept growing, tipping the scales at 95 pounds. When Solomon was diagnosed with breast cancer, she was unable to handle two dogs, let alone a dog of Ripley's size. So Katie's best pal was adopted by a friend of the family.

"Katie was fine with that because by that time she had come out of her shell," said Solomon, who then trained her four-legged friend to become a therapy dog. "She's terrific with people... she doesn't lick them or jump up on them. She just wants to meet you and have you give her a hug."

Giving Katie plenty of hugs doesn't seem to be a problem for Solomon's fellow co-workers at CROW.

"People come in her and say, 'Wow! How awesome is that? They have a dog here,'" said Kenny Howell, marketing manager for the wildlife clinic.

"Everyone in this community who lives and works here has a love for animals.



The unofficial greeter of the gift shop at CROW, Katie, a certified therapy dog

And it's not like having a 'pet' here... in fact, she's my favorite co-worker!"

"I just love Katie," added Pat McInerney, another member of the gift shop staff. "I'm a dog lover myself and I enjoy spending lots of time with her."

In addition to serving as the unofficial greeter at CROW's Visitor Education Center, Katie is about to begin another job. Working in cooperation with the Children's

Advocacy Center of Southwest Florida, she will serve as a therapy dog at the Lee County Courthouse.

"The judges will bring Katie into their chambers when they are hearing cases of child abuse," said Solomon, who takes a lot of pride in knowing that her dog may be able to heal the hearts of youngsters in need. "It's a terrific program that I know Katie will enjoy. She just loves being helpful."✱

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Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION (UUA)

2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. www.allfaiths-uc.org

ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH

10291 Bayshore Road, North Fort Myers. Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers. Reverend Fr. Dean Nastos, Proistamenos Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., www.annunciation.fl.goarch.org, 481-2099

BETH SHILOH

MESSIANIC SYNAGOGUE

15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

BREAD OF LIFE MINISTRIES CHURCH OF GOD

16581 McGregor Boulevard, 267-3166. Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m.

CHABAD LUBAVITCH

OF SW FLORIDA ORTHODOX

5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, rabbi@chabadswf.org. www.chabadswf.org. Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus. An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverend Ted Althouse, Pastor revtedalthouse@aol.com

CHURCH OF THE CROSS

13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 9 and 10:30 a.m. Website: www.taecc.com

COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937. Reverend Dr. Jeffrey DeYoe, Senior Pastor. Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available.

CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers, 481-5442. Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

CYPRESS LAKE

PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-3233. www.clpc.us. Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m.

CYPRESS LAKE UNITED

METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

FAITH FELLOWSHIP WORLD

OUTREACH MINISTRIES

6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m.

Nursery care for pre-school children and Children's Church ages 5 to 12 available.

FAITH UNITED METHODIST CHURCH

15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison Estates. 10:30 a.m. Sunday Service and Sunday School; 12 noon Wednesday Testimony Meeting. Child care provided at services. Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 4 p.m., Wednesday 1 to 4 p.m. christiansciencefortmyers.net, christianscience.com

FIRST CHURCH OF THE NAZARENE

13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511. Pastor Reverend Joey Brummett. Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.

FIRST UNITED METHODIST CHURCH

Downtown Fort Myers River District, 2466 First Street, 332-1152. www.fumcftmyers.org. Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group.

FORT MYERS CHRISTIAN CHURCH

(DISCIPLES OF CHRIST) A STEPHEN

MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330. Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15 a.m.

FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST:

8210 College Parkway, Fort Myers. 482-3133. Philip White, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m., Adult Forum: 11:30 a.m.

IONA-HOPE EPISCOPAL

CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

JESUS THE WORKER

CATHOLIC CHURCH

881 Nuna Avenue, Fort Myers, 481-1143. Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH

2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service.

LAMB OF GOD CHURCH

A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. www.lambofgodchurch.net. Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m. Kingdom Teaching 7 p.m. Fellowship and refreshments. nbcministry@embarkmail.com, www.facebook.com/nbcministry. Alex and Patricia Wiggins, Ministers

NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. www.newcovenanteyes.com. LIFT Kidz program, free coffee and donuts.

NEW HOPE BAPTIST CHURCH

OF FORT MYERS

16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m. Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. www.newhopefortmyers.org.

PEACE COMMUNITY CHURCH

Fort Myers Beach Masonic Lodge. 17671 Pine Ridge Road. 267-7400. Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship: 10:30 a.m. www.peacecommunitychurch.com.

PEACE LUTHERAN CHURCH

Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, www.peaceftmyers.com, peace@peaceftmyers.com.

REDEEMER LUTHERAN CHURCH

3950 Winkler Ext., Fort Myers, 274-0143. 8:15 and 10:15 a.m. Sunday Services. Daily early learning center/day care.

RIVER OF LIFE ASSEMBLY OF GOD

21580 River Ranch Road, Estero. 495-0400. Senior Pastor Todd Weston. 8 and 9:45 a.m. Services; 11:30 a.m. Legacy Service, multi-generational.

SAMUDRABADRA BUDDHIST CENTER

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SAINT COLUMBKILLE

CATHOLIC CHURCH

12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973. Father Joseph Clifford. Monday through Saturday 8 a.m. Saturday 3 and 5 p.m.; Sunday 7, 9, 11 a.m. and 5:30 p.m. Reconciliation Saturdays 12 noon and by appointment.

ST. FRANCIS XAVIER

CATHOLIC CHURCH

2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m.

SAINT JOHN THE APOSTLE

METROPOLITAN COMMUNITY CHURCH

3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation. Sunday Services 10 a.m.

SAINT MICHAEL LUTHERAN

CHURCH & SCHOOL (LCMS)

3595 Broadway, Fort Myers, 939-1218. Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

SAINT PETER LUTHERAN CHURCH

3751 Estero Boulevard, Fort Myers Beach, 463-4251, www.stpeterfmb.com.

Sunday worship service at 9:30 a.m.

SAINT NICHOLAS MONASTERY

Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. www.saintnicholasmonastery.org.

ST. VINCENT DE PAUL

CATHOLIC COMMUNITY

13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednesday Service 6 p.m.

TEMPLE BETHEL SYNAGOGUE

16225 Winkler Road Fort Myers. 433-0018, www.templebethel.com. Rabbi. Barras@templebethel.com. Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

TEMPLE JUDEA (CONSERVATIVE)

14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. www.tjswfl.org.

THE NEW CHURCH

The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. <http://www.newchurchflorida.com>. 481-5535.

UNITARIAN UNIVERSALIST

CHURCH FORT MYERS

13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. www.uucfm.org.

UNITY OF BONITA SPRINGS

28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

UNITY OF FORT MYERS

11120 Ranchette Road, Fort Myers. Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, www.unityoffortmyers.org. Our God is Love, Our Race is Human, Our Religion is Oneness

WESTMINSTER PRESBYTERIAN

CHURCH

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Senior Pastor Robert Brunson. Sunday 9:30 a.m. Sunday School for all ages. 11 a.m. Blended Worship. www.westminsterfortmyers.org

WORD OF LIFE CHURCH

2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

ZION LUTHERAN CHURCH

7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Educational Hour. www.zionfm.org✱

Ready The Tarpon Gear



by Capt. Matt Mitchell

This week, I put my tarpon gear together and gave it a shot. Due to the crazy windy conditions, after only about an hour we switched up our target species and

went snook fishing. Getting back into the swing of tarpon fishing definitely felt good, even though we did not get a hook-up. In the short amount of time we sat anchored up, we did see a few rolling tarpon and free jumpers. Seeing these fish was just enough to keep our interest and get our hearts racing a little faster.

During calm conditions, my favorite way to fish for tarpon is to sight fish them from a slow drifting boat while gently using the trolling motor. This method requires pitching live baits into the path of the moving fish and without a doubt is the most visual and exciting way to catch them. The first step is to locate pods of rolling fish, either along the beaches or in the bay. Once you find them, work out which direction they are moving, then position the boat so the fish will approach you within casting range on their projected path. Racing up on or casting right at rolling fish spooks them really quickly; let them do their thing and come to you and you will be much more successful. Staying calm – even though your heart is beating out of your chest – is what tarpon fishing is all about.

Day-in and day-out, though, most of my tarpon fishing is done from a stern-anchored boat using a four-rod spread. This is a combination of both live bait and cut bait fishing methods. Clients cast two live bait rods out to the sides of the boat and let them naturally drift forward. Once the live bait lines get all the way forward, they are reeled in and re-cast. Having these live baits drift naturally on the current is key. Out of the back of the boat, I cast two cut bait rods out and place them in the stern rod holders. When there are lots of fish around, I also like to have a pitch rod

ready to go just in case you get a shot at rolling fish.

Baits for tarpon include live crabs, threadfin herring, pinfish and a wide variety of cut bait, with fresh mullet being my favorite. Several commercial fisherman on Pine Island supply these baits to guides and recreational anglers. Getting bait is as simple as picking up the phone, and live crabs and mullet are delivered at the end of the day to my boat. During tarpon season, I keep a large cooler with ice set up at the end of my dock for mullet and also a floating wire holding pen in the water for crabs. In the morning before picking up clients, it's then just a matter of catching large live pinfish and/or threadfin herring to add to the crabs and cut bait, and it's off we go. Being all set up on baits the night before lets you take advantage of that first few hours of daylight when tarpon show themselves best.

My tarpon tackle consists of eight spinning rods, four live bait rods which are eight-foot medium heavy rods 20-40# class with 6500 series spinning reels. These reels are loaded up with 250 yards minimum of 50# braid and rigged with a four- to six-foot piece of 60# fluorocarbon leader and a 5/0-7/0 live bait circle hook. I rig two of these rods with a removable float just above the leader and the others are set up ready to go without a float. My four cut-bait rods are a little shorter and stouter, seven foot medium heavy rod 30-50# class with 7500 series spinning reels filled with 250-plus yards of 50# braid, a five- to six-foot piece of 80# fluorocarbon leader and a 12/0 cut bait circle hook.

We are getting closer by the day to prime time spring tarpon fishing action kicking into high gear. Tarpon anglers and guides are feeling the excitement that comes with the annual arrival of the tarpon. No other fish that swims in our waters is so eagerly awaited by so many.

*Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.**



A tarpon leashed and released from last spring

Send Us Your Fish Tales

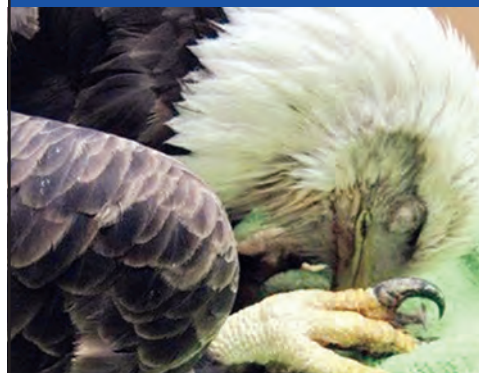
The River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.

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Tim Youngquist, Sandy Stilwell, Boots Tolles and Harvey Youngquist Jr. at a previous event

Blues By The Bay To Support Kids

Blues by the Bay, an evening of live music, food and drinks, will be held at 1253 Anhinga Lane on Sanibel Thursday, April 28, from 6:30 to 9 p.m.

There will be samplings from Sanibel restaurants, fine wines, a signature Blue Bay Martini, champagne and entertainment.

Participating restaurants include Blue Coyote Supper Club, Cantina Captiva, Key Lime Bistro and Sanibel Catering Company by Bailey's. The beverage sponsor is The Lighthouse Resort & Tiki Bar.

Live auction items will be offered and all proceeds will benefit the School Success programs for at-risk children in the Harlem Heights neighborhood in Fort Myers. Chico's is the presenting sponsor.



Previous attendees Dan Schuyler and Karen Bell



Previous attendees Ron Fitzgerald, Debbie Ringdahl, Wayne Wiles and Randy Mercer

Sponsorship opportunities are still available. Dress is resort casual.

"Our School Success program includes academic tutoring, after school and summer camp programs, scholarship and college access assistance, school supplies and tuition support", said Kathryn Kelly, president and CEO of The Heights Foundation. "Each program is geared to meet the specific needs of children and young adults who seek to further their education."

Tickets are now on sale for \$125 each and space is limited.

VIP opportunities and sponsorships that include an exclusive pre-party at the Sanibel Sea School are also available. Purchase tickets at www.heightsfoundation.org/blues or call Karen Lesza at 482-7706.*

ArtFest Fort Myers Supports Arts In Healthcare



From left, Sharon McAllister, executive director of ArtFest Fort Myers; Doug MacGregor, Lee Memorial Heath System Arts In Healthcare director; and Jill Palmer, Lee Memorial Heath System director of volunteer resources

Dedicated to providing art enrichment to our community, ArtFest Fort Myers is particularly attuned to supporting art education programs. This season, the fine art festival found a unique and exciting way to contribute to Lee Memorial Heath Systems' Arts In Healthcare program.

When the brightly painted King Arthur Flour Truck pulled into ArtFest Fort Myers on February 5, the 20-foot long spatula on the roof was pointing toward surprises to come. All weekend, chocolate chip oatmeal cookies, baked on site, were sold for a donation (to a charity of ArtFest's choosing) and King Arthur Flour matched the weekend earnings to add to that final dollar amount.

"Our weekend fundraiser at ArtFest Fort Myers was one of most impressive on our tour," said Julie Christopher, marketing program manager for King Arthur Flour.

On March 30, ArtFest Fort Myers presented Arts In Healthcare program with a check in the amount of \$2,200 plus two new art carts stocked with a wide variety of art supplies. These carts travel with volunteers through the hospital corridors, bringing the opportunity for creative expression to patients of all ages.

"The Arts In Healthcare program is based on the understanding that there is an artist within all of us and creative expression can work with the healing arts to promote patients well being and stress reduction while enhancing positive thoughts," explained Doug MacGregor, a well know local artist and the administrator of this program. "We are delighted with the support from ArtFest Fort Myers - their funding will stock our Art Carts for many months to come."

For more information, visit ArtFestFortMyers.com.*

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CROW Case Of The Week:

Snapping Turtle Hatchlings

by Bob Petcher



The common snapping turtle (*Chelydra serpentina*) has a reputation derived from its name that one must take heed of in case of encounters with the large, heavy-bodied reptile. One of country's most aquatic turtles has a respected disposition for being somewhat short-tempered and highly aggressive.

With a large head that features a pointed snout and a hooked upper jaw, its yellow-to-cream-colored powerful jaws and large, powerful limbs can do some damage. These heavily clawed and webbed-toe creatures mean business. Just look at their long tail sporting a row of large, saw-tooth scales along the top. Not your average gentle-looking turtle that you see at

the pet store.

While many of its "cousin" species of sea turtle are endangered or threatened, the snapping turtle is not considered in either category. In fact, it is comparatively widespread and adaptable.

The hatchlings of the common snapping turtles have a white patterning that disappears as the turtle gets older. Another temporary feature is a point on the end of the snout – known as an "egg tooth" – that is used to break through the eggshell when hatching. The point usually sheds within the first three weeks of life.

Hatchlings of the common snapping turtles generally feed on worms, fish and tadpoles. Young common snapping turtles are known for actively foraging for food – unlike adults, who tend to focus on a more strategic and casual approach by ambushing their prey as it swims past during a waiting period.

At CROW, a recent tragic story involving a common snapping turtle produced a silver lining. Back in January, a female adult was admitted to the rehabilitation clinic from North Fort Myers after she was struck by a vehicle. Unfortunately, due to significant damage to her face and shell, she did not survive the injuries.

The positive spin to the otherwise fatal situation was found by CROW's hospital staff during scans of the radiographs when it was realized that the patient was carrying 15 eggs. After the snapping turtle passed away, the eggs were removed and placed in an incubator in CROW's visitor education center.

On April 1, CROW officials stated the first of five viable eggs began to "pip." Three of the eggs eventually hatched on consecutive days. The three hatchlings were aptly named April 1, April 2 and April 3.

During their stay, the three hatchlings will receive supportive care from the rehabilitation staff until they are released in North Fort Myers and introduced to their deceased mother's former environment. Actual feeding takes place only after they are one week old.

"When they are born, they have a yolk sack that provides nutrition for the first week," said CROW Education Coordinator Rachel Rainbolt. "After that, they are fed approximately every three days. They are omnivores (eat meat and plants) and are fed small pieces of fish and mice."

Since they do not require medical care, the youngsters are not technically called patients. Staff members are "basically keeping an eye on them to make sure they are progressing in the right direction."

According to the CROW medical staff, their care will also include a general exam prior to their release.

The three hatchlings will remain at CROW's visitor education center for approximately one month. The complete incubation for common snapping turtles ranges from 80 to 90 days in the wild.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

These snapping turtle hatchlings in CROW's care were named April 1, April 2 and April 3



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The sea butterfly is considered the “canary in the coalmine” for issues such as ocean acidification photo courtesy of NOAA/PMEL

Speakers Eager To Discuss Current Threats During Mollusks In Peril Forum

by Jeff Lysiak

Next month, the Bailey-Matthews National Shell Museum will bring together some of the country’s foremost experts on current large-scale threats to molluscan populations to discuss – through presentations and panels – the challenges facing the second most diverse group of animals on earth.

Mollusks In Peril, which will take place on May 22, 23 and 24 at the Sanibel museum, will provide a forum for discussion on the possible ecological drivers of extinction risk, the synergies that enhance ecological stress, and the taxonomy, ontogeny and geography of change in and risk to marine, freshwater and terrestrial mollusks.

According to forum leaders, as our planet is subjected to unprecedented rates of human-induced environmental change, populations of mollusks inhabiting a wide range of habitats are being exposed to exceptional amounts of ecological stress. These stressors include, but are not limited to, alterations caused by climate change and other large-scale environmental disturbances.

The forum’s scientific advisory committee consists of the Bailey-Matthews Shell Museum’s own science director and curator, Dr. José H. Leal, along with fellow doctors and shell experts Nina Bednaršek, Laura Parker, Robert H. Cowie, C. Mark Eakin, Richard A. Feely and Arthur E. Bogan.

“It is only natural that the shell museum should continue its leading role in education and the study of mollusks by designing and hosting Mollusks In Peril,” said Leal. “Hosting the event at the museum has also enhanced its visibility in the conservation and environmental studies community.”

Guest speakers at the three-day forum will include:

- Arthur E. Bogan, PhD, FLS, research curator of aquatic invertebrates at the North Carolina Museum of Natural Sciences in Raleigh, North Carolina – Dr. Bogan is a malacologist specializing in freshwater mussel taxonomy, distribution, conservation and evolution. He has collaborated with the International Union for the Conservation of Nature (IUCN), assessing the freshwater mollusk fauna of the Indo-Burma area. Dr. Bogan is interested in the conservation status and endangered species of freshwater mollusks and endangered species.

- Emily Carrington, PhD, professor of biology for the Friday Harbor Laboratories at the University of Washington in Friday Harbor, Washington – Dr. Carrington’s research has focused on the mechanical design of marine invertebrates and macroalgae, especially those that thrive in one of the most physically challenging habitats on earth, the wave-swept rocky intertidal zone.

- Robert H. Cowie, PhD, research professor for the Pacific Biosciences Research Center at the University of Hawaii at Manoa, Honolulu, Hawaii – The over-arching theme of Dr. Cowie’s research is to understand the sources and determinants of non-marine molluscan diversity, both native and invasive, primarily in the Pacific. He is particularly interested in understanding the origins, spread and impacts of alien snails.

- C. Mark Eakin, PhD, Coral Reef Watch coordinator at the Center for Satellite Applications and Research at the National Oceanic and Atmospheric Administration in College Park, Maryland – A coral reef specialist, Dr. Eakin has published on various topics in coral reef ecology, especially the impact of climate

change and other disturbances on coral reefs, and was a contributing author to the most recent report of the Intergovernmental Panel on Climate Change.

- Kenneth A. Hayes, assistant professor in the department of biology at Howard University in Washington, DC – The ultimate goal of Dr. Hayes’ work is to use this knowledge to help conserve biodiversity in the face of major threats (e.g. habitat destruction, invasive species and climate change). He will be speaking about threats to and extinction of insular land snails with a focus on role of habitat destruction, climate change, and the interactions of invasive species with native snails in the Hawaiian Islands.

- Charles Lydeard, PhD, professor and chair of biological sciences at Western Illinois University in Macomb, Illinois – Dr. Lydeard’s research interests are focused on the systematics and conservation of freshwater mollusks. He has been particularly interested in delimiting species boundaries of imperiled freshwater mollusks using molecular techniques. He is now beginning to explore the biological diversity of freshwater mollusks of the upper Mississippi River basin and terrestrial gastropods of Illinois, and the major conservation issues faced by these animals.

- Brad Seibel, PhD, professor of biological oceanography for the College of Marine Sciences at the University of South Florida in St. Petersburg – Dr. Seibel’s research is focused on the physiological response of marine animals to extreme environments, ocean acidification, deoxygenation and warming, polar and deep-sea biology, biology of mollusks.

- Julia Sigwart, PhD, associate professor and associate director for the Marine Laboratory at Queen’s University in Belfast, Ireland – Dr. Sigwart is an evolutionary biologist who studies the evolution and diversification of mollusks and other marine invertebrates. One aspect of her research focuses on the specialist adaptations that enable mollusks to exploit extreme environments, and adapt to environmental change.

- George Waldbusser, PhD, assistant professor for the College of Earth, Ocean and Atmospheric Sciences at Oregon State University in Corvallis, Oregon – Dr. Waldbusser has worked on fundamental science questions while maintaining a strong interest in informing policy makers and the public. He has authored 30 publications, has an extensive record of student advising, and serves as an associate editor for the *Journal of Shellfish Research and Limnology and Oceanography*.

- Meredith White, PhF, visiting assistant professor of earth and oceanographic science at Bowdoin College in Brunswick, Maine – Dr. White worked as a postdoc at Bigelow Laboratory for Ocean Science in Maine in the laboratory of Barney Balch, investigating the effects of ocean acidification on coccolithophore-copepod interactions.

- Norine W. Yeung, PhF, malacology researcher at the Bernice Pauahi Bishop Museum in Honolulu, Hawaii – Dr. Yeung has extensive malacological research experience in Hawaii, focusing on Hawaiian land snail (native and invasive) systematics and ecology. As an educator of science, policy and management, she is interested in integrating research and education in novel approaches.

Several of the guest speakers are excited to address the importance of mollusks in the world’s ecosystem.

“Invertebrates like mollusks help run the planet. They are often dominant members of the ecosystem and without them, things would change for the worse,” said Lydeard, who will discuss how to distinguish different mollusk species. “If humans went extinct, the planet would go on quite nicely without us, but you can’t say the same if we were to lose all mollusks.”

According to Waldbusser, oysters serve a critically important role in human culture and cuisine. But oysters also provide many important ecological services, such as water filtration, habitat for other commercially important species, flood control, in addition to food.

“For many bivalve species, shells form incredibly important habitat and ocean acidification is sure to threaten the persistence of ultimately the habitat for shell aggregating species, like oysters,” he explained.

“People should care because invertebrates, mollusks included, make up 97 percent of the animals on the planet and are vital components of functioning ecosystems,” added Hayes. “These same ecosystems are essential for clean water, erosion control, food crops, disease prevention, etc. So, unless people want to live in some post-anthropocene dystopian world devoid of all but the most general of fauna, then they might want to care.”

Carrington is looking forward to discussing the relative importance of the many threats to mollusks (e.g., ocean warming, ocean acidification, shoreline development). “There are a lot of elephants in the room, so which are charging at us the fastest?” she asked. “If we don’t know, how do we find out?”

Even Dorrie Hipschman, executive director at the museum, is excited to bring together some of the world’s leading authorities on mollusks to next month’s forum.

“These animals, like canaries did for coal miners, and the research that will be presented at the forum, can help tell us about the health of our world,” said Hipschman. “Our museum is proud to host this prestigious event and proud that the museum’s unique collection helps researchers compare the historical record with the health of these amazing animals today.”

The Mollusks In Peril forum will be held at the Bailey-Matthews National Shell Museum, located at 3075 Sanibel Captiva Road. To register for the conference, and for a complete list of presenters and topics, visit www.shellmuseum.org/learn/mollusks-in-peril-forum. For more information, call the museum at 395-2233.✴

Plant Smart

Green Buttonwood

by Gerri Reaves

Beauty, drought-tolerance, and storm-resistance are only a few of the positive attributes that earn green buttonwood (*Conocarpus erectus*) a spot on Lee County's Protected Tree List.

This large slow-growing native grows up to 60 feet high with a spreading, open form. A member of the same family as the white and black mangrove, it is also called button mangrove.

Its native habitat includes coastal prairies and brackish swamps, on the landward side of the mangrove zone.

Often multi-branched, it is used as a hedge, particularly the popular silver form (var. *sericeus*). Unfortunately, buttonwood hedges are typically flat-topped repeatedly, often to their detriment.

A better use, perhaps, is as a shade tree or screen so it can assume its natural shape.



Maturing and immature cones of green mangrove

photo by Gerri Reaves

Panicles of very small greenish flowers are borne in dense rounded heads. They flower any time of year but peak in summer. Male and female flowers can appear on different plants.

The round reddish brown cones are made up of many scale-like one-seeded fruits and measure only about a half-inch across. They too can be found on the tree nearly year-round. Seeds are dispersed by water.

High salt- and wind-tolerance, as well as low maintenance, make it a good choice for coastal landscapes. The wood is strong, adding to storm resistance, and it protects shorelines from erosion.

Wildlife find food and cover amid the branches. It is the occasional larval host and nectar plant for the martial scrub hairstreak butterfly and tantalus sphinx

moth, and also a nectar plant for the amethyst hairstreak and other butterflies.

The leathery evergreen leaves are oval, lance-like, or oblong and up to four inches long with pointed tips. They have slightly winged leaf stalks, or petioles, with two tiny glands or breathing holes that are visible with a magnifying glass.

The trunk can be twisted and gnarled on older trees. The rough vertically furrowed bark on mature specimens provides a platform for epiphytes such as orchids and bromeliads.

Give green mangrove full sun. It prefers soil with some organic content, but also grows in nutrient-poor soil.

It is pest-resistant, but sooty mold can be a problem for inland trees deprived of a salty environment.

Propagate it with seeds or cuttings.

Historically, green-mangrove timber was used in cabinetry, boat-making, and other industries. It was also used to make high-quality charcoal and smoke meats and fish. The medicinal bark is used in tanning.

Sources: *500 Plants of South Florida* by Julia F. Morton; *Florida, My Eden* by Frederic B. Stresau; *A Gardener's Guild to Florida's Native Plants* by Rufino Osorio; *Native Florida Plants* by Robert G. Haehle and Joan Brookwell; *The Shrubs and Woody Vines of Florida* by Gil Nelson; *Trees of the Everglades National Park and the Florida Keys* by George B. Stevenson; eol.org; ifas.ufl.edu; and regionalconservation.org.

Plant Smart explores the diverse flora of South Florida.*



A 14k gold princess cut diamond necklace from Diamonds by Dianne is part of the raffle

From page 1

Kiwani's Mother's Day Raffle

does not claim the prize by May 6, a new winner will be drawn until the prize is claimed. Limit of 20 tickets per person. The Florida non-profit corporation solicitations and contributions registration number for the club is CH10442.

The grand prize is worth \$1,725 and includes a 14k gold princess cut diamond necklace from Diamonds by Dianne, one dozen roses per month for one year courtesy of Ruth Messmer Florist, 10-piece box of Norman Love Confections gourmet chocolates, framed and numbered 30" x 20" art print courtesy of Charles Dodson Insurance Agency and two tickets to *Wizard of Oz* at Broadway Palm Dinner Theatre.

The second place prize, worth \$800, includes: UV HVAC purifier courtesy of Island Aire of Southwest Florida, 10-piece box of Norman Love chocolates, 60-minute relaxation massage from Ty Brantley Massage, Obagi Blue Radiance skin peel



A 10-piece box of Norman Love gourmet chocolates is among the prizes

by Natalie's Skin Solutions and \$25 dinner gift certificate from Matanzas on the Bay.

The third place prize, worth \$285, includes: \$100 gift certificate courtesy of Pure Florida, 10-piece box of Norman Love chocolates, spa manicure from Spada and oil change certificate courtesy of Tuffy Auto Service.

The Kiwanis BUG program is designed to provide recognition to local elementary students who raise their grades to an acceptable range and maintain or continue to raise them from one grading period to the next. The club also supports other community projects and service leadership programs, including K-Kids at Littleton Elementary School, Builders Club at Cypress Lake Middle School, Key Club at Florida SouthWestern Collegiate High School and Aktion Club at LARC, Inc.

The club is seeking more service-minded individuals and business professionals who would like to make a direct impact on the community through volunteering. Meetings are held every Tuesday at 11:30 a.m. in Fort Myers. For details on joining call club president Heather Chouinard at 332-4440 or email Heather.Chouinard@iberiabank.com.*

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Goodwill Industries To Celebrate 50 Years With Fashion Show



Natalie Galindez, Breakthrough graduate



Jessica Estrada, Breakthrough achiever

Goodwill Industries of Southwest Florida will present Fashion Through the Decades, a celebration commemorating 50 years of service in Southwest Florida. The celebration will be held at the Hyatt Regency Coconut Point Resort and Spa on Friday, May 6, from 7 to 9:30 p.m. It will feature a fashion show highlighting popular fashion trends from the past 50 years. Music from each decade will be played as Goodwill employees and clients walk the runway to show off the styles that made those decades memorable.



Besides fashion and music, the evening will also celebrate Goodwill's annual Breakthrough Award winners. The awards will recognize Goodwill mission service clients who have exceeded expectations, as well as Goodwill's volunteers and community supporters. There will be hors d'oeuvres and cocktails throughout the evening and guests will be able to view wares from several graduates of Goodwill's MicroEnterprise program. Fox 4 News Anchor Kelli Dame will serve as the emcee.

Tickets are \$75 and available online at goodwillswfl.org/goodwillfifty. The Hyatt Regency Coconut Point Resort and Spa is located at 5001 Coconut Road, Bonita Springs. For more information about Fashion through the Decades or Goodwill Industries of Southwest Florida, call Natalie Tursi at 239-995-2106, etc. 2249.

Sponsors include Publix Supermarket Charities and Sullivan Benefits.✧

Tickets On Sale For Fashion Night

Dress For Success Southwest Florida has selected Jessica Wajoli as the organization's 2016 success story. She will be honored at A Fashion Night in Black & White, to be held on Wednesday, April 27 at 6 p.m. at the Hilton Naples. Co-hosting this evening of fashion will be board members Shiree Woody and Barbara Melvin.

Attendees will hear Wajoli's inspiring story during the evening of fashion, which will include hors d'oeuvres, champagne, dinner and a silent auction to support Dress For Success SW Florida in its life-changing work of promoting the professional development and transformation of women in Collier and Lee counties.

A native of the farmlands of Ghana, Wajoli arrived in Fort Myers with her American husband in 2010 seeking a better life, but instead faced many serious struggles. The mentorship she received from Dress For Success SW Florida while living in an ACT shelter helped her turn her life around.

While working as a home health assistant, and with the help of many compassionate women along the way, she was able to gain the education and confidence needed to fulfill her dream of honoring the entrepreneurial spirit of her mother, who made soaps for her daughters to sell when Wajoli was growing up. Many Southwest Floridians have already purchased her handcrafted WAW (Wajoli African Wear) jewelry using locally sourced materials and the colorful clothing, sandals and baskets she sells from women in Ghana.

All proceeds from A Fashion Night in Black & White support the continued advancement of Dress For Success SW Florida's programs for women in Collier and Lee counties.

Attendees are invited to dress to impress, symbolizing the confidence, hope and style of the women Dress For Success SW Florida serves. There will be



Jessica Wajoli

star treatment and a walk on the red carpet, illuminated by flashes of paparazzi. Guests will be the first to preview White House Black Market's Summer 2016 collection.

The title sponsor for this year's show is the Elizabeth K. Galena Foundation, Inc. Other sponsors include Arthrex, Bank United, Card Systems, Catalyst, Conric PR & Marketing, eBella Magazine, eGuarded, Entech, First Florida Integrity Bank, Hodges University, Markham, Norton, Mosteller, Wright and Company, PA, Norman Love Confections, Paul Mitchell: The School, Stevens Construction, Walmart, and White House Black Market.

Individual tickets are \$125. Tables of 10 are available for \$1,200. Sponsorship opportunities are also available. For more information or to purchase tickets, call 689-4992 or email swflorida@dressforsuccess.org.

Visit dfsswflorida.org for more information.✧

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Symphony Musical Discovery Series Concludes

Gulf Coast Symphony will conclude its 2016 Musical Discovery Series at the Alliance for the Arts on Saturday, April 23 from 10 to 11 a.m. with an exploration of Strings. The series offers children a chance to meet musicians and learn about their instruments in a fun, relaxed program that takes place outdoors during the Alliance for the Arts GreenMarket. Children have a Musical Discovery Zone and mini concert followed by a Q&A when musicians discuss the different sounds stringed instruments can make.

This program is recommended for grades K-6. The program is free with a suggested \$5 family donation. Visit ArtInLee.org or call 939-2787 to learn more.

The Gulf Coast Symphony works to contribute to the cultural enrichment of Lee County by producing and performing a broad variety of concerts and creating a diverse, innovative and balanced program of performances, events, and community and education projects to reach the widest possible public. Learn more at gulfcoastsymphony.org.✧

Inaugural Fundraiser Nets Over \$34,000

The Southwest Florida Regional Human Trafficking Coalition hosted the inaugural Taste of Freedom fundraiser on April 9 at Scanlon Lexus in Fort Myers.

The evening gala featured a variety of live auction items, including a trip to Africa, a chef's evening for four at Brio, a beach house weekend, breakfast with Fort Myers Mayor Randy Henderson, a two-night stay in Key West, lunch for four with Lee County Sheriff Mike Scott and many other items. More than \$34,000 was raised to benefit the work of the coalition.

Cantina Laredo, DaRuMa, Lee Roy Selmon's, Crave Culinaire, Tarpon Bay, India Palace, LeeSar Culinary, Here's Howe, Black Salt and Ellie Bee's Bakery featured their culinary creations.*



Lynn Brewer, Christine Massey, Yaro Garcia, John Scanlon, Colleen and Stan Stouder



Angie Snyder, Lila Harvey, LJ Zielke and Mike Albina



Stan and Colleen Stouder



Amber Williams and Sherry Bryant



Nancy McGovern, Angela Melvin and Therese Everly



Tricia Rademacher, Charlene Roberston and April Bordeaux

Lake Kennedy Senior Center

Bus Trip To Rays Vs. Yankees Game

Get ready to enjoy America's favorite pastime on Friday, May 27 as the Lake Kennedy Cruisers head to Tampa for one of the most popular games of the summer – the Tampa Bay Rays versus the New York Yankees. Bus trip participants should arrive by 4:15 p.m. prior to departure at 4:30 p.m. The game starts at 7:10 p.m.

Tropicana Field is a closed roof, air conditioned facility. The group has arranged for lower level seats in section 115. Small soft coolers for snacks and one liter or less bottled waters are welcomed.

Cost is \$92 per member and \$97 per non-member. Pre-registration is required by Thursday, May 12.

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.*

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Twins Start Not The Type Of Baseball History The Team Wanted



by Ed Frank

How do you figure the season starts for the Minnesota Twins? Are they infected with some sort of a bug that shuts down the team’s ability to score runs the first two weeks of the season both this year and last? In 2015, the Twins lost six of their first seven games, scoring just 16 runs compared to the opposition’s 45. And six of those 16 runs came in the only game they won during that awful stretch.

This year it has been abysmally worse for the Twins, losing their first nine games during which they scored just 14 runs. It was the worst start in franchise history, and they became only the fourth team in baseball history unable to score more than three runs in any game in the first nine games.

Not to doom the Twins so early in the 2016 season, but history shows that no team has ever made it to the postseason playoffs after losing the first nine games. Remember, however, that despite the Twins poor start a season ago, they reversed course to win 83 games and were in the playoff hunt to the last weekend of the season.

Suddenly, just as a year ago, the batting affliction was cured as the Twins reeled off three straight wins last weekend over the Los Angeles Angels when they scored 14 runs – as many as they had scored during that entire nine-game losing streak. They then stretched their winning streak to four games by beating Milwaukee, 7-4, Monday night by banging out 14 hits.

Interestingly, the Twins were not the only Major League team to start the 2016 season 0-9. That record was matched by the Atlanta Braves. And like the Twins, Atlanta bounced back with three consecutive weekend wins over the Miami Marlins.

Wouldn’t it be unbelievable if both the Twins and Braves resurged to face each other in the 2016 World Series just as they did in the 1991 World Series that many still believe was the greatest of all World Series?

That seven-game beauty was captured by the Twins in the 10th inning of Game seven in walk-off fashion. That was 26 years ago and was the Twins last World Series title.

Gardenhire Returns To Twins Front Office

We reported several weeks ago that many in baseball were surprised that former Twins manager Ron Gardenhire hadn’t been hired to manage another team. He had led Minnesota for 13 seasons, but was fired at the end of the 2014 season after four consecutive years of 90-plus losses.

Sports Figures Visit Blessings In A Backpack Kids

Champions 4 Children is teaming up with Blessings in a Backpack of Lee County to visit local schools on Friday, April 22 to speak with students, giving motivation and encouragement.

The “champions” comprise current and former coaches and players of the NFL, PGA, NBA and MLB as well as Olympians who have come together to support the children of Southwest Florida.

The first champions group will be visiting Tice Elementary School in Fort Myers at 9 a.m., and the second group will visit James Stephens Academy in Fort Myers at 10 a.m.

At James Stephens Academy, champions will visit middle school students who packed food for the elementary Blessings in Backpack children weekly to say thank-you. They will then visit with older elementary classes as well.

This event will pay for the entire school of Tice Elementary’s Blessings in a Backpack program. Already in 2016, the program has fed over 500 children at Tice weekly.

Blessings in a Backpack relies on private donors for funding and 100 percent of donor proceeds goes to feeding children in Southwest Florida. A \$100 donation will feed a child for one full school year. Contributions are tax-deductible are accepted online or via mail at P.O. Box 61402, Fort Myers, FL 33906. Visit BlessingsinSWFL.org or call 410-9592 for more information.✪

Junior League Fitness Fair

For its 50th anniversary, the Junior League of Fort Myers will host a Funtastic Fitness Fair, a free community event celebrating 50 years of commitment to the development of local youth. It’s set for Saturday, April 30 from 10 a.m. to 1 p.m. at the Heights Center, 15570 Hagie Drive in Fort Myers.

The indoor/outdoor family fair will include nearly 40 vendors providing information on local yoga and zumba classes, nutrition and healthy food options and growing a garden. Multiple medical professionals will also be present offering free screenings,

Gardenhire was named special assistant to Twins General Manager Terry Ryan and will evaluate talent in the minor league level.

Everblades Even Playoff Series

The Florida Everblades hockey team bounced back Saturday with a 4-1 victory over the Wheeling Nailers at Germain Arena to even the ECHL Eastern Conference Finals at 1-1.

Florida had dropped the first game to the Nailers, 6-3.

The series moved to Wheeling for the next three games which started Wednesday.

Miracle 7-5 After First Two Weeks Of The Season

The Fort Myers Miracle was just one game out of first-place in the Florida State Baseball League South Division after the first two weeks of the season with a 7-5 record.

The team is home this weekend at Hammond Stadium facing Charlotte in a three-game series starting tonight, Friday, at 7:05 p.m. First pitch tomorrow is 7 p.m. and the Sunday matinee begins at 4:05 p.m.

The Miracle has three first-round draft selections of the Minnesota Twins on the current roster. Shortstop Nick Gordon is leading the team with a .375 batting average. Pitchers Kohl Stewart and Tyler Jay both have 1-0 records with sparkling 1.50 and 2.70 ERAs respectively.✪

SPORTS QUIZ

1. Who held the Chicago White Sox rookie record for most home runs in a season before Jose Abreu broke it with 36 in 2014?
2. In 2015, Joey Votto tied a Cincinnati Reds record for hitting three home runs in a game three times during his career. Who else did it?
3. DeMarco Murray set a Dallas Cowboys single-season rushing record in 2014 with 1,845 yards. Who had held the mark?
4. Since 1985, six men’s basketball teams have failed to reach the NCAA Tournament a year after winning the title. Name four of them.
5. In the 2015-16 NHL season, the Chicago Blackhawks set a team mark for most consecutive victories (12). In what season did they win 11 in a row?
6. When was the last time before 2015 that the U.S. men’s soccer team failed to reach the final of the CONCACAF Gold Cup?
7. WBC middleweight champion Canelo Alvarez has lost only one of his 48 pro fights. Who beat him?

ANSWERS

1. Ron Kittle, who hit 35 home runs in 1983. 2. Johnny Bench. 3. Emmitt Smith ran for 1,773 yards in 1995. 4. Louisville (won in 1986; missed in '87), Kansas (.88; '89), Florida (2007; '08), North Carolina (.09; '10), Kentucky (.12; '13), UConn (.14; '15). 5. It was the 2012-13 season. 6. It was 2003. 7. Floyd Mayweather Jr.

dental exams and chair massages.

Additional children and family activities include a DJ with interactive musical games, relay and obstacle courses, and potted plant and card-making stations.

For more information, call 277-1197 or visit www.jlfm.org.✪

From page 1

Ships To Dock

self-guided tour. Admission charges are \$8 for adults, \$ 7 for seniors and \$6 for students 5 through 16. Children 4 and under are free. The ships are open every day from 9 a.m. to 6 p.m. No reservations are necessary.

Teachers or organizations wishing to schedule a 30-minute guided tour with a crew member should call 1-787-672-2152 or email columfnd1492@gmail.com. There is a minimum of 15 students for a group tour; cost is \$5 per person. There is no maximum guests per group. Visit www.ninapinta.org for more information.✪

DVIC New Class Of Disabled Veteran Trainees

Disabled Veterans Insurance Careers (DVIC) has launched its next class of disabled veteran trainees. The veterans will spend the next four and a half months training and learning the many facets of the insurance industry in order to pursue careers in that field. There are currently two veterans in the Southwest Florida training program, Andre Searcy and Joanne Smith in addition to Michael Adam and Charles Benton, who will be studying in Leavenworth, Kansas with Armed Forces Insurance.

“DVIC offers disabled veterans who have served our country the opportunity for a meaningful career,” said Gary Bryant, president and CEO of DVIC. “These men and women should have career opportunities when they return home and it is our mission to provide excellent insurance education and training so they can be a success.”

DVIC relies on corporate donations, personal donations and support from the Florida Department of Veterans Affairs to continue to sponsor disabled veterans who go through the training program. If you would like to sponsor a veteran or make a donation to DVIC, visit DVIC.us or call 433-8523.✪

New Director Joins The Salvation Army

Major Timothy Gilliam, area commander for The Salvation Army of Lee, Hendry, and Glades Counties announced that Kara Jeudy has accepted the position of director of development. Jeudy will oversee all aspects of the development program: fundraising, special events, communications, and volunteerism to cultivate relationships and advance the mission of The Salvation Army enabling it to deliver effective and relevant programs and services.

Jeudy began her career with The Salvation Army and has returned after five years of work and consulting with international nonprofits in Haiti. Her work includes donor and media liaising, multi-million dollar proposal coordination, and training on brand-management and effective communications for fund-raising and awareness-building.

"Kara Jeudy is a communications and development professional who has spent nearly 10 years garnering support for the great work of nonprofits in the



Kara Jeudy

U.S. and abroad," said Maj. Gilliam. "She will be a strong addition to our team."

Jeudy is energized by meeting with clients whose lives have been changed by the work of the Army and seeing the impact of all that's being done on the frontlines of service.

"I believe development is largely about story-telling and

relationship-building," she said. "It is exciting to return to The Salvation Army and have the privilege of telling the story of all of the great work being done across the Fort Myers Area Command."✱✱

Manager Appointed At United Way

Madison Mitchell has joined United Way of Lee, Hendry, Glades, and Okeechobee as community resource manager, a new position to the organization.

Mitchell, a long-time resident of Cape Coral, was formerly with Goodwill Industries of Southwest Florida and brings with her years of event planning and public relations experience. In her new role, Mitchell will be overseeing the stewardship of in-kind donations, acting as a liaison between donating businesses and individuals and 85 nonprofit community agencies.

"I am looking forward to being a part of such an amazing organization," said Mitchell. "United Way has such a large impact in our community, providing support for over 200 programs."

Mitchell graduated from Florida Gulf Coast University in 2009 with a bachelor



Madison Mitchell

in communications. She currently is a member of *The News-Press*' Young Professionals Advisory Board and the Florida Public Relations Association. Before working at Goodwill as community relations coordinator, Mitchell was the marketing director at The Herb Strauss Schoolhouse Theater on Sanibel.

"My heart has always been in the nonprofit sector," said Mitchell. "We have such a strong community, but the need is there for support services. Being able to contribute to that is what drives me."✱✱

Register For Chrysalis Awards

For the seventh consecutive year, the Lee County Visitor & Convention Bureau (VCB) and the Greater Fort Myers Chamber of Commerce will host the annual celebration of business and tourism at the Chrysalis Awards Luncheon and Trade Show at Harborside Event Center on May 20, from 10:30 a.m. to 2 p.m.,

The Chrysalis Awards signify an ongoing partnership between the business and tourism communities that are working together to increase the business community's awareness of the tourism industry and to help tourism partners better understand the needs of non-hospitality businesses. This collaboration is creating stronger resources for the good of the area's diverse communities and destination.

In addition to the Chrysalis Awards, the VCB will present its long-standing annual Junonia Award. This honor, awarded solely at the discretion of the VCB, was created in 2006 to recognize individuals in tourism who have demonstrated unique capabilities, leadership, commitment and dedication throughout the local tourism community.

The cost to attend is \$45. Register online at www.leevcb.com/the-vcb/chrysalis-awards/. The Chrysalis Awards Luncheon and Trade Show is part of the VCB's year-round Team Tourism program, which recognizes the value of tourism and community teamwork in maintaining and enhancing tourism as a major economic engine for Lee County.✱

Children's Advocacy Center Honored

The Children's Advocacy Center of Southwest Florida (CAC) has received a 2016 Top-Rated Award by Great Nonprofits, a leading provider of user reviews about nonprofit organizations.

The award was based on the large number of positive reviews that CAC received – reviews written by volunteers, donors and clients. Being on the top-rated list gives donors and volunteers more confidence that CAC is a credible organization having a positive impact within the communities it serves.

One donor reviewer remarked, "The management at this organization makes all the difference in caring for and helping children who have been placed in contact with them due to unusual, stressful scenarios, that was no fault of the child. The staff goes the extra mile to comfort and soothe a child in an extraordinary emotional time in their life."

While the awards run through the end of October, CAC was part of the inaugural group to qualify for the year. In addition, CAC will be added to GreatNonprofits' #GivingTuesday Guide—an interactive guide to top nonprofits throughout the years.

Since 1981, the CAC, a United Way partner agency, has worked to improve the lives of children and their families through a coordinated response to child abuse and neglect, offering them a safe and friendly environment in which to heal.

For more information, call 939-2808 or visit www.cac-swfl.org.✱

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Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

Juror Selected For Alliance Florida Exhibit

Alliance for the Arts has selected Harry Messersmith as the juror for its 30th annual All Florida Juried Exhibit. The June exhibition is open to all artists residing in Florida. Categories for entry are sculpture, painting (including oil, acrylic, collage, water color and mixed media), photography, prints and drawing. All entries must be submitted online to www.artinlee.org/all-florida no later than April 30.

Messersmith maintains a full service bronze/glass foundry and sculpture atelier in Deland, Florida and continues to refine his sculpture he describes as triangulated figures. He gives the following characterization of his artistic vision. "I have been developing a series of triangulated, figurative, architectural works since 1982. My work addresses the evolution of technology and its positive and negative effects upon the human condition. I strive to express, through the human figure, a dynamic balance of tension that exists between science and spiritual enlightenment, a condition for civilization to progress with dignity".

Messersmith received a grant from the Andy Warhol Foundation to attend a master artist residency with Gio Pomodoro at The Atlantic Center for



Harry Messersmith

the Arts in November of 1999. He then traveled to Milan, Italy in June 2000 to promote The Bronze Exhibit, a group exhibition that included three of his figurative bronze sculptures.

From 1989 to 1995, Messersmith served as executive director of The Museum of Art – Deland and director of The Lighthouse Gallery and School of Art in Tequesta, Florida from 1995 to 1996. Before becoming director of The Museum of Art-Deland, Messersmith served for three years as an artist-in-education for the Volusia County Public Schools; he has also taught fine art and sculpture at Daytona College, Stetson University,

fantasy and surrealism, into an honest realm of pure visceral emotion. The Emotive series largely skimmed the surface. Her new work is intended to reach new depths, delving into her personal world of dreamscapes. The nightmarish imagery used to illuminate those unconscious thoughts serve as further exploration into the things that make us human.

Branchaud was born in Canada in 1985 and has been painting with acrylics since 2003. She currently resides in Florida, and is continuing her series work as well as various commissions and projects. The intimacy that she employs with the Emotive and Visceral series is also applied to portraits (where the goal is not simply to achieve a likeness, but to capture the essence of the subject), as well as conceptual commissions and illustrations. For more on Branchaud, go to www.dbranchaudart.wordpress.com.

Evans stated, "The 'things' in my art aren't really things, rather shapes that fuse together and connect. These works become loose and painterly."

Evans will be exhibiting his shadow boxes. He considers himself more of a "colourist" as opposed to an "artist." He tries to capture the interaction of shapes dissolving into a structure of color. His media of choice is acrylic or watercolor. Evans' works range in size from small to very large, and are a colorful explosion of abstract fantasy.

Arts for ACT Gallery is located at 2265 First Street in downtown Fort Myers. For more information, call 337-5050 or 939-2553.✴



Previous All Florida exhibit

Crealde School of Art, Harris House, Atlantic Center for the Arts and The University of Central Florida.

Messersmith earned his Master's degree in fine art and sculpture from the University of Florida under JG Naylor in 1983, and his bachelor of art degree from Stetson University under his father Fred L. Messersmith and Dan Gunderson in 1981.

The opening reception for the 30th annual All Florida Juried Exhibit will

be Friday, June 3 from 5 to 7 p.m.

Messersmith will be on hand to present awards, including \$1,000 cash for Best in Show and a \$250 Golden Paints gift certificate for second place, and \$100 cash, Jurors Choice Award-Artist Membership for third place. There is a Gallery Walk and Talk with Messersmith on June 4 at 10 a.m. The exhibit runs through June 30. Elemental Stone and Waterworks is the exhibit sponsor.✴

Golf Tournament Supports Heights Foundation's Summer Camp



Youngsters in one of the camp programs

The Kids to Camp golf tournament will take place on Thursday, May 12 at Gulf Harbour Yacht & Country Club, Fort Myers. The proceeds support The Heights Center's summer camp program that provides a safe environment for at-risk children in Harlem Heights to explore opportunities in recreation, fitness, arts, and education.

Registration will begin at 7:30 a.m. with a shotgun start at 9 a.m. and a luncheon and silent auction at 2 p.m.

"This tournament will help 100 kids from Harlem Heights attend camp this summer," said Jim Sanger, chief operating officer of The Heights Foundation. "Camp provides an engaging environment for kids who otherwise have no options, and parents benefit from the knowledge that their children are safe and ready to return to school in the fall."

Tournament registration costs \$600 for a foursome and \$150 for a single golfer. Sponsorships that include golf packages and recognition are available. The sponsorship deadline is May 5 and golfer registration deadline is May 9. For more information visit www.heightsfoundation.org/kidstocampgolf or call Sanger at 482-7706 or email jim@heightsfoundation.org.✴



Work by Ron Evans

From page 1

New Exhibits At ACT Gallery

depths of the human subconscious."

It is this that prompts the inspiration for her work. Combined with a survey of personal experience, her paintings have created a window through the eyes of the subconscious, into a place that illustrates those basest of instincts and emotions. The goal of works such as the Emotive series is to illustrate the universality of emotion. It not only serves as a reflection of the artist's own experience, but also provides a mirror for the audience to see within themselves.

Her work walks a tightrope between

School Smart



by Shelley M. Greggs, NCSLP

Dear Shelley,

My child just started preschool in January. He's doing OK but the teachers keep telling me he has a fragile

temperament. I'm not sure I understand what they mean. What do you think they are saying?

Brittany B., Fort Myers

Brittany,

Every child is born with his own individual way of approaching the

world – a temperament. Temperament is not something your child chooses, nor is it something that you created. A child's temperament shapes the way he experiences the world. There is no right or wrong, better or worse temperament. It's very important for children to be accepted for who they are.

It is true, though, that some temperaments are easier to handle than others. Generally, there are five characteristics that describe an individual's temperament:

- Emotional intensity
- Activity level
- Frustration tolerance
- Reaction to new people
- Reaction to change

A child who is cautious and needs time to feel comfortable in new situations and a child who jumps right in are likely to have very different

experiences going to a classmate's birthday party. A child who can handle a lot of sensory stimulation will experience a trip to the supermarket differently from a child who has a low threshold for a lot of surrounding noise and action.

Understanding your child's temperament helps you be a better parent. Recognizing patterns in your child's behavior that are influenced by temperament can help you anticipate your child's responses to certain situations. If you know that your child has a hard time making transitions, you have experienced that pick-up time at preschool is challenging. Tell your child's teacher about this and talk about a plan to make the end of the day easier. For example, the teacher can use anticipatory guidance by giving your child several reminders that it will soon be time to go home or you might spend a few minutes helping your child finish what he is doing, rather than put him into the car right away.

Most parents prefer some of their child's temperamental characteristics to others. If a child is shy and slow-to-warm-up, a parent may sometimes feel his patience dwindling and wish that his child was the kind of kid who would just get on with it rather than take so long to settle in. The parent of a very feisty, loud child who inadvertently bothers others might sometimes wish for a quiet and shy child who participates without commotion.

Parents may often feel judged or isolated by their child's temperament and associated behaviors. Be your child's champion and take the time to help others understand your child. For example, your child may not like to hug people until they are well known to him and this might offend a family member. Help that adult understand your child's temperament, let them know your child needs time to adjust to new people and unfamiliar places. Perhaps suggest an activity they could do together so the child can become comfortable.

Remember, you can't change your child's temperament and that should not be your goal. What your goal should be is to help your child and the important people in his life understand his uniqueness. Every child has both strengths and areas where he may need more support. By observing and learning from your child, you can put together suggestions for him and others that help to create a workable and positive environment for him.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✧

Family Caregiver Program

On Wednesday, May 11, join Dr. Mabel Lopez, neuropsychologist and president of Mind and Brain Care, as he provides an educational look at the neuropsychological aspects of hallucinations, delusions and paranoia in the memory impaired and the safety issues that can arise.

Presented by the Alvin A. Dubin Alzheimer's Resource Center, the seminar will offer tips and strategies to keep you and your loved one safe while at home or traveling and what to do if the Baker Act is initiated.

Topics of discussion will include hallucinations, delusions and paranoia in the memory impaired and keeping you and your loved one safe. J. Luc Vezina, BSN, MPH, RN, the director of nursing at Park Royal Behavioral Health Services, will also speak.

The seminar will be held from 2 to 4 p.m. at the Alvin A. Dubin Alzheimer's Resource Center, located at 12468 Brantley Commons Court in Fort Myers. It is being presented by the Alvin A. Dubin Alzheimer's Resource Center in partnership with Mind and Brain Care and Park Royal Behavioral Health Services. Refreshments will be provided by Nurse On Call of Fort Myers.

If you would like to attend or learn more about the program, RSVP or contact Mary Freyre, RN, Health Education Specialist at the Dubin Alzheimer's Resource Center at 437-3007. This educational program is part of the Occupational Therapy Strategies and Techniques for the Family Caregiver series.

For more information, visit www.alzheimersswfl.org.✧

FGCU Counseling Workshops

The Office of Continuing Education & Off-Campus Programs at Florida Gulf Coast University will hold workshops on Solution Focused Brief Counseling and Consultation (SFBC). The workshops are targeted at school counselors, mental health counselors, marriage and family therapists, psychiatrists, psychologists, social workers, human services professionals and educators. SFBC uses a systematic, five-step approach in which clients, students and parents focus on solutions rather than problems.

Each workshop meets on two Saturdays from 8:30 a.m. to noon, and costs \$99 for both workshops:

- May 7 and June 4 at FGCU Naples Center, 1010 5th Avenue South, Naples
- May 14 and June 11 at The Atrium, 8695 College Parkway, Suite 1181, Fort Myers
- May 28 and June 25 at FGCU Herald Court Centre, 117 Herald Court, Punta Gorda

Solution Focused Brief Counseling and Consultation was created and instructed by Dr. Russell A. Sabella, professor of counseling in the College of Health Professions and Social Work at FGCU, and president of Sabella & Associates. Dr. Sabella has authored numerous articles published in journals, magazines and newsletters; and has co-authored two books, *Confronting Sexual Harassment: Learning Activities for Teens* (Educational Media; 1995) and *Counseling in the 21st Century: Using Technology to Improve Practice* (American Counseling Association; 2004). He has been practicing and training thousands of professionals in Solution Focused Brief Counseling and Consultation for nearly 20 years.

To register for the workshop, call 425-3270 or go online at Upcoming FGCU Professional Development Programs at www.fgcu.edu/CEd/professional_development_programs.html.

Six contact hours will be provided for clinical social work, marriage and family therapy and mental health counseling.✧

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Financial Focus

Reduce, Reuse, Recycle: A Theme For Investors?



by Jennifer Basey

On April 22, we observe Earth Day. Like many people, you might participate in some activities to help the health of our planet. But you can also do some things to improve

your personal investment environment.

In fact, you might want to follow a key environmental theme: reduce, reuse, recycle. How can these elements be applied to investing? Here are some ideas:

- Reduce – You don't want to waste time, effort and money on investment

decisions that will ultimately not benefit you much, if at all. For example, if you are constantly buying and selling investments, you may be hurting yourself in a few different ways. First, by not holding investments for at least a year before selling them, you may have to pay taxes on short-term capital gains at a rate that's probably going to be higher than the long-term rate, which would apply if you held the investments at least a year before selling. Second, by always buying and selling, you could pay more in trading costs. Third, some investments simply need to be held for the long term before they will show positive results. And finally, excessive buying and selling can make it hard for you to follow a consistent, long-term investment strategy. So if you do trade frequently, consider reducing your activity.

- Reuse – You don't have to look hard to find all sorts of investment techniques being promoted by someone. Many of these strategies have exotic-sounding names, such as "Dogs of the Dow" or "Range Trading." These techniques may have some validity, but,

unfortunately, some investors zigzag from one to another, hoping to eventually find that "sure ticket" to investment success. You need to develop, and reuse year after year, an investment strategy created just for you, based on your individual needs, goals, comfort with risk and investing time horizon. Of course, you may well need to adjust this strategy over time to reflect changes in your life – but "adjusting" isn't the same as "abandoning." Sticking with a long-term, personalized strategy is an effective – and less stressful – way of pursuing your financial objectives.

- Recycle – When you put money in some investments, you don't just make a one-time payment and then hope to eventually make a profit when you sell – you can actually "recycle" your investment earnings and put them to good use. To illustrate: If you invest in dividend-paying stocks, you can typically sign up for a dividend-reinvestment plan and, as the name suggests, reinvest the dividends back into the stock. This is an easy and efficient way to increase your share ownership – and increasing

ownership in any investment can be an important ingredient for successful investing. You can recycle investment dollars in other ways, too. If you own bonds or other fixed-income vehicles that provide you with regular interest payments, you can place this money in a different investment – perhaps one that can help you fill any gaps that may exist in your portfolio.

Reduce, reuse, recycle – it's a theme that has resonated in the environmental movement, and it can serve as a useful guideline for evaluating your investments.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✱

Read us online at
IslandSunNews.com

EOC Public Safety Monthly Seminars

The Florida Public Relations Association Southwest Florida Chapter (FPRA SWFL) hits the road again in May, headed to the Lee County Emergency Operations Center (EOC) on Tuesday, May 3 from 11:30 a.m. to 1:30 p.m.

With hurricane season set to begin in June, the "PR On the Road" luncheon series will tour the facility to see what tools are being used by EOC staff when a hurricane is projected to hit Southwest Florida. Emergency Planning Manager Lee Mayfield will discuss the plans and procedures that are implemented and how his office handles disseminating information to the public during a crisis, such as a hurricane.

The EOC is the focal point for coordination of emergency response and recovery activities throughout Lee County. When activated for an

emergency, the EOC is staffed with key personnel from first responder agencies, emergency relief organizations, County departments, municipalities, utility companies, media and other essential agencies. One of the EOC's major goals is to help the public prepare for an emergency, well before it happens.

The cost for attending the presentation is \$25 for members, \$30 for non-members and \$15 for students. Space is limited so register early. Guests must RSVP online at fpraswfl.org.

Sponsorships for the monthly luncheons are also available. Three levels of sponsorships are available, ranging from \$100 to \$500. Sponsors will receive acknowledgement in news releases, complimentary event admission, table display to showcase promotional items, visibility on electronic and print marketing and more, depending on level. For more information or to become a sponsor, contact Mike at (239) 677-7600 or mj@jacksonpr.com.✱

Plant Right Tree In Right Place On Earth Day

Many people around Southwest Florida plant a tree for Earth Day, which is recognized each year on April 22. This yearly tradition is great for the environment, but can mean trouble for you, your neighbors and LCEC depending on the type of tree and where you plant it. Here are some things to keep in mind when selecting a tree or planting site which will help maintain electric reliability for you and your neighbors.

The right tree:

- The trees you select should depend on a number of characteristics: growth rate, leaf persistence, shape and salt tolerance (if you live near saltwater).
- Visit the University of Florida's website for a list of recommended trees in your area or view LCEC's list of trees common to Southwest Florida at <https://www.lcec.net/reliability/vegetation-management/planting-trees>.

The right place:

- Remember that trees need space to grow. Vegetation that could potentially interfere with power lines at its mature height should not be planted below power lines or near electric utilities. Some trees may appear to be a safe distance from power lines. However, that may not be the case during a storm or when the lines are carrying a heavy demand.

- LCEC asks that customers leave an eight-foot space in front of the door side of the transformer so utility employees can work quickly and safely. They also ask that you maintain a three-foot cleared area around the electric meter and a three-foot-wide approach to the meter.

Tree planting and power lines:

- Shrubs up to six feet high at maturity should be planted five feet away from the pole.
- Shrubs up to 10 feet high should be planted 10 feet from the pole.
- Small trees and large shrubs up to 20 feet high should be planted 15 feet from the pole.
- Medium trees up to 40 feet high should be planted 30 feet from the pole.
- Large trees over 40 feet high should be planted 45 feet from the pole.
- The distances given are the minimum distance the plant should be placed away from the pole.

- Transmission lines require a wider right-of-way area, but landscaping can be done if careful attention is paid to the mature height of shrubs and trees.

If you plan on planting a tree this April 22 or have questions on determining the right tree and right place, call LCEC at 656-2300.✱

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Night For Life IX Raises Organ Transplant Funds

by Jeff Lysiak

Night For Life IX, the annual fundraiser for the Organ Transplant Recipients of Southwest Florida, Inc., was held on April 11 at Broadway Palm Dinner Theatre in Fort Myers.

The annual event helps promote organ donation awareness while raising money for the Fletcher Trust Fund. To begin the evening, Mike Terry talked about how the group began, and how the Fletcher Fund was created.

On August 6, 1992, the doctors at Tampa General Hospital gave the "gift of life" – a new heart – to Newman Fletcher. As he made a good recovery, Mac, as he is universally known, started to act upon some suggestions he heard during recovery. Later that same month, he and five other recipients and their caregivers began to hold meetings at Fletcher's home.

Dana Iverson, a donor mom, then spoke about her son, who had his heart donated to Marshall Marlin. When Iverson met Marlin, the organ transplant recipient brought a stethoscope with him so she could listen to her son's heartbeat.

While Marlin passed away three years ago, his mother, Norma Marlin, spoke about his fight to get a new heart and how his passing – only a few years later – brought her and Iverson together



Julie Martin and Norma Marlin delivered their organ transplant donor and recipient stories at Night For Life IX, held on April 11 at Broadway Palm Dinner Theatre

in an effort to promote and support the organ transplant community.

Rick Keating delivered an inspiring speech about his fight to get a new liver. He had woken up from a coma on numerous occasions and was told by his doctors he was dying. Finally, after being transferred to Tampa General Hospital, Keating received a liver. After writing a number of letters to the donor family, he finally received a response. Keating added that he is looking forward to meeting them soon.

Jenniene Moran and Janet Wettstein, co-chairwomen of Night For Life, and Shamie Kelly, the organ transplant group's president, also talked about kidney transplants.

Night For Life IX was supported by Gold Level sponsors Kwik Kopy



Shamie Kelly, a kidney recipient and the organ transplant group president

photos by Mike Terry

Business Solutions, Cape Coral Irish American Club, Dr. Malkani Retina Center, Associates in Nephrology and Surgical Specialists; Silver Level sponsors LifeLink Foundation, Gregg Allman, Davita, *Island Sun* newspaper, Kidney Institute of Naples/ Naples Nephrology, P.A.; and Bronze Level sponsors Taylor Capet One, Inc., Orthopedic Center of Florida and Cedar Chest Fine Jewelry.

To donate to the Fletcher Fund, make checks payable to Organ Transplant Support Group, Inc. – Fletcher Fund and mail to: David Weinstein, Treasurer. P. O. Box 100962, Cape Coral, FL 33910

For additional information, visit <http://organsupport.org>.✱

NICU Family Support Group

The Southwest Florida NICU Family Support Group, a new group aimed at helping families after discharge from the hospital, will be holding a meeting on Tuesday, April 26 at 6:30 p.m. in meeting room B at Lakes Park Regional Library, located at 15290 Bass Road in Fort Myers.

The Southwest Florida NICU Family Support Group meets once a month, and uses the time to share stories and seek guidance from others who have experienced NICU (Neonatal Intensive Care Unit) life.

"Once you are discharged there is no one to answer questions or discuss concerns with," said Haley Turner, the group's organizer and mother of a two-year old who spent time in the NICU. "No one to help reassure you your baby is doing ok. It can be very scary and extremely intimidating bringing a fragile baby home."

Turner hopes the group will give families an outlet to ask questions, discuss concerns, seek guidance, share the overwhelming emotions and hopefully make friends with those that have similar stories.

For more information, contact Haley Turner at 839-6091 or nicufamilyswf@yahoo.com.✱

Read us online at
IslandSunNews.com

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I have been living in an assisted living complex for four years. The financial planner said that with my income I would be fine – well, I'm not! The value of my estate has taken a nosedive and I cannot afford to stay here.

The nice financial planner has long gone and the facility hasn't helped me and they only say that I will have to leave in two months.

I do not know what to do now. Do you have any suggestions?

Hazel

Dear Hazel,

I am very sorry that the community will not work with you. The communities I work with try various solutions ranging from reducing the size of the apartment, offering some rent reduction, to arranging companion rooms. These communities also assist with placement if a reasonable arrangement cannot be worked out.

I suggest you contact your local ombudsman to discuss your situation and possible solutions. The ombudsman is a third-party advocate and would be able to provide support and direction for you.

Pryce

Dear Hazel,

I am sorry to hear that you are in financial crisis. Pryce has given you some very valuable up-to-date information, as she is working on a daily basis with people experiencing similar situations.

I would suggest that you seek the advice of an older, very experienced financial planner who may have seen a similar situation with other people not unlike the circumstances you are in.

Retirement complexes are also feeling the effects of this downturn and they don't want their residents to leave.

Lizzie

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✱

Free Seminar On Aging, Memory Loss, Dementia

Lee Memorial Health System's Judith Anne Petrin will present a free seminar titled Aging, Memory Loss and Dementia on Thursday, April 28 from 9:30 to 11 a.m. at Cypress Lake Country Club, 6767 Winkler Road, Fort Myers. This free lecture, hosted by Henderson Wealth Partners, is open to the public, however, seating is limited and reservations are requested.

Your memory often changes as you grow older. But memory loss that disrupts daily life is not a typical part of aging. It may be a symptom of dementia. Dementia is a slow decline in memory, thinking and reasoning skills. The most common form of dementia is Alzheimer's disease, a fatal disorder that results in the loss of brain cells and function.

Petrin, an advanced registered nurse practitioner at Lee Memorial Health System's Memory Disorder Clinic, Lee Physician Group Memory Care, will share signs that everyone should look for when thinking they or a loved one may have dementia. She will talk about current tools to aid in the diagnosis, including physical and neurological exams, blood tests, mental status testing, neuropsychological testing and brain imaging. She will also present facts about the progression of the



Judith Anne Petrin

disease and how it varies from person to person.

Petrin earned her nursing degree at the University of South Florida in Fort Myers and completed her master of science in nursing at the University of South Florida, Tampa. Her areas of expertise include memory disorders, outpatient geriatric assessment, falls prevention, successful aging and family communication.

To register, call 939-1888 or email dolores.armbrust@lpl.com.✱

dearRPharmacist

10 Tips For Outsmarting Allergies



by Suzy Cohen, RPh

Dear Readers:

Every spring, some of you voluntarily harm your brain with antihistamines that make you feel like a zombie or hungover with brain fog. These “first

generation” antihistamines make you tired all day too.

Allergy symptoms occur because your body releases histamine and leukotriene (and other pro-inflammatory compounds) which lead to runny nose and watery eyes, swelling, congestion, a scratchy throat and sneezing. Your goal would be to control those two cytokines and balance immune function.

Go to a physician and pay a lot to be told to “avoid triggers” or “move” or “stop eating 40 foods.” Grumble all the way home because you know it’s not possible in your situation. So here’s my top 10 list to help you:

1. Vitamin C – It’s a powerful antioxidant that prevents histamine from being made, rather than blocking its action at the cell’s doorway like a drug (antihistamine). It also reduces inflammation and helps with immune function.

2. Stinging Nettle – This herb is time tested; people who take it occasionally feel a mild diuretic effect. Compounds within the herb include carotenes,

vitamin K, and quercetin. Dosage varies, you can drink tea or take supplements.

3. Essential Oil of Eucalyptus – Used in steam inhalations or diffused in an aromater. Eucalyptus opens up your sinuses and air passageways, improving airflow. It contains citronellal, which has pain-relieving benefits and anti-inflammatory effects making it useful for upper respiratory infections.

4. Salt – Natural unrefined salt (not table salt) actually has natural antihistamine effects. If you’re having a sneezing fit, or hay fever attack, put a tiny amount of unrefined salt on the tip of your tongue. Let it absorb, you don’t have to swallow it. Rinse the excess. Another variation of using salt is to drink a little salt-laced water during your attack. Use saline in your Neti pots daily.

5. Bromelain – This pineapple-derived enzyme is sold as a supplement. It reduces swelling as well as mucus production so it’s particularly helpful for sinus infection. It may thin mucus making it easier for you to breathe.

6. Avoid histamine-forming foods, thus reducing the burden of histamine inside your body. These include sausage, smoked meats, chocolate, alcohol, aged cheese, dried foods, fermented foods and nuts.

7. Visit a salt cave – These are amazing, I’ve been inside one in Santa Barbara. They are popping up as the new “spa treatment” across North America. Sitting in a Himalayan salt cave, inhaling ionized air infuses your body with valuable minerals. The particles of sodium chloride may improve allergies and kill fungus.

8. Butterbur – I wrote about this in my *Headache Free* book. Butterbur acts like the pharmaceutical drug called Singulair, inhibiting the production

leukotrienes, which trigger swelling in your nasal passages.

9. Propolis – An animal study showed some interesting results. Propolis significantly inhibited histamine release from mast cells.

10. Chlorella – This supplement is a type of algae grown in fresh water, often suggested for reducing radiation treatment side-effects, stimulating the immune system and increasing white blood cell counts. For allergies, chlorella can reduce histamine and improve interleukin 12 and interferon.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

Fight For Air Climb April 23

The American Lung Association’s annual Fight For Air Climb is scheduled to take place at 9 a.m. this Saturday, April 23 at The Oasis Tower One, located at 3000 Oasis Grand Boulevard near downtown Fort Myers. During the unique endurance event, participants will climb 31 flights of stairs in the residential high rise to raise money for lung disease research, education and advocacy.

More than 200 people are expected to climb 535 steps up the high rise, including local firefighters who will ascend in 45 pounds of full gear – helmet, hood, pants, coat, gloves, boots and air pack. Firefighters have an increased risk for lung disease from the exposure to gases, chemicals and smoke in the line of duty. Other participants will climb in support or memory of people touched by lung

disease or in support of their own fitness goals.

“This is truly a remarkable experience for both running and fitness enthusiasts, as well as our participants who are suffering from a lung disease,” said Kurt Goerke, director of health promotions for the American Lung Association in Florida. “As soon as you start up the stairs, you are instantly reminded that no one should have to fight for air on a daily basis.”

Saturday’s climb, like many that the American Lung Association hosts around the country, will be the sixth to take place in Fort Myers. Local fundraising reached more than \$45,000 at the last event.

Fight For Air climbers can participate individually or as a team. Registration is \$25, and each climber must raise a minimum of \$100 to participate. For more information or to register, visit www.ClimbFortMyers.org or call 908-2685.✱

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Doctor and Dietician

Dessert Recipe Is Free Of Gluten, Egg and Casein



by Ross Hauser, MD and Marion Hauser, MS, RD

It is often difficult for patients with food allergies to come up with ideas for desserts that follow their food allergy/sensitivity restrictions. Try this fun dessert recipe if you are avoiding the big three allergens: gluten/wheat, eggs and casein/dairy.

Oatmeal peanut butter

chocolate chip bars

Ingredients:

1 cup gluten-free oats, ground
1½ cups unground oats
2/3 cup natural peanut butter
4 Tbsp Earth Balance butter
¾ cup brown sugar

1 tsp vanilla

½ tsp salt

¼ tsp baking soda

Ener-g-Egg replacer equivalent to 2 eggs

2 cups casein-free chocolate chips

What to do:

1. Grind 1 cup of gluten-free oats (Bob’s Red Mill makes them) for 30 seconds into a flour.

2. In a separate bowl cream 2/3 cup peanut butter, 4 tbsp Earth Balance butter, ¾ cup brown sugar, 1 tsp vanilla, ½ tsp salt and ¼ tsp baking soda.

3. Beat in Ener-g egg replacer (equivalent of 2 eggs), then the ground oats, then 1.5 cups unground oats and 2 cups casein-free chocolate chips.

4. Bake at 350 degrees F for 11 to 13 minutes. So good and you would never know they are allergy-free.

This information is not intended to treat, cure or diagnose your condition.

Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross

Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✱

Adopt A Shelter Pet Festival Is Set For April 30

The Gulf Coast Humane Society will be holding its first national Adopt a Shelter Pet Festival on Saturday, April 30 from noon to 3 p.m. at the organization’s location at 2010 Arcadia Street, Fort Myers. The purpose is to bring awareness to the public to “adopt, don’t shop” when thinking about companion pets.

Festival activities will focus on half price adoptions for the day. Other happenings will include a variety of vendors available to talk about their specialties such as pet care, pet boarding and pet food and treats. Attendees will have the opportunity to Ask the Trainer and see demonstrations of agility and other pet-related activities. Food and drink vendors will be available as well as contests, a garage sale and special discounted pet items from the Barkin’ Boutique.

“We want the public to know that we are a great resource in finding the right companion pet. We are also an educational and animal care resource. By having this event we can showcase our great adoptable pets, partner with area businesses and provide information to the public about the importance of spaying and neutering, microchipping and heartworm prevention,” said Jennifer Galloway, executive director.

The society only takes in owner-surrendered and transferred animals from other shelters and rescue groups with a high success rate of adoptions. Its veterinary clinic is open to the public and offers a full array of affordable services six days a week.

For more information, visit www.gulfcoasthumanesociety.org or call 332-0364.✱

SPORTS QUIZ

1. Who held the Chicago White Sox rookie record for most home runs in a season before Jose Abreu broke it with 36 in 2014?
2. In 2015, Joey Votto tied a Cincinnati Reds record for hitting three home runs in a game three times during his career. Who else did it?
3. DeMarco Murray set a Dallas Cowboys single-season rushing record in 2014 with 1,845 yards. Who had held the mark?
4. Since 1985, six men's basketball teams have failed to reach the NCAA Tournament a year after winning the title. Name four of them.
5. In the 2015-16 NHL season, the Chicago Blackhawks set a team mark for most consecutive victories (12). In what season did they win 11 in a row?
6. When was the last time before 2015 that the U.S. men's soccer team failed to reach the final of the CONCACAF Gold Cup?
7. WBC middleweight champion Canelo Alvarez has lost only one of his 48 pro fights. Who beat him?

ANSWERS

My Stars ★★★★★

A crossword puzzle grid containing various words:

- Across:**
 - WIGGINS
 - SLEIGH
 - ATGYH
 - HCTTS
 - TENROC
 - FORIEREP
- Down:**
 - KARMA
 - CARE
 - NORMAN
 - ZENNETH
 - SNIRAG
 - STENOGRAPHY
 - NOEL
 - FORERUNNER



Grouper with Black Bean Coulis

- 4 six-ounce grouper fillets
- 1/2 teaspoon cayenne pepper
- 1 cup dry white wine
- Cooked black beans
- Extra virgin olive oil
- 1 teaspoon garlic, chopped
- 1 serrano pepper, seeded
- 3 tablespoons onion, chopped
- Salt to taste
- Fresh ground black pepper to taste
- 1 tablespoon olive oil
- 1/2 cup whole cooked black beans, for garnish

Place fillets in shallow dish; sprinkle with cayenne pepper and set aside. Combine black beans, garlic, Serrano pepper, onion, salt and pepper in a blender or food processor; blend until smooth. Transfer sauce to a small saucepan and cook on low heat until warmed through. Set aside and keep warm. In a heavy nonstick sauté pan, heat olive oil over high heat. Sauté fillets 3 to 5 minutes on each side until browned and center is opaque. Transfer fillets to plates and top with black bean coulis. Garnish with whole black beans.✱



Grouper with Black Bean Coulis

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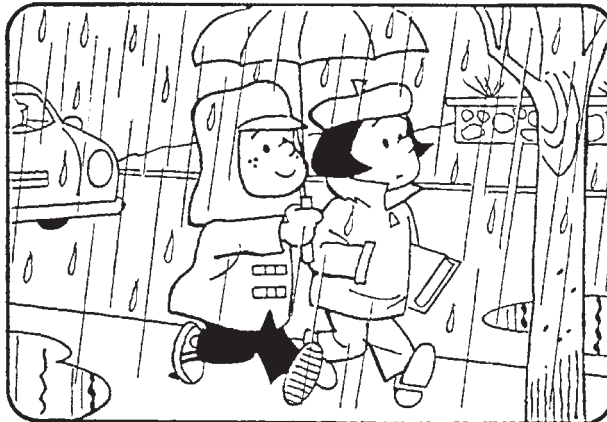
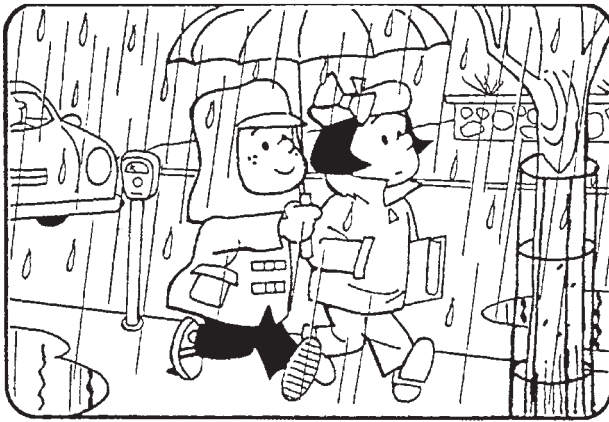
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Differences: 1. Parking meter is missing. 2. Book is missing. 3. Umbrella is smaller. 4. Bow is missing. 5. Book is moved. 6. Tree guard is missing.

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Smooth

MARCEY

Guide

ALDERE

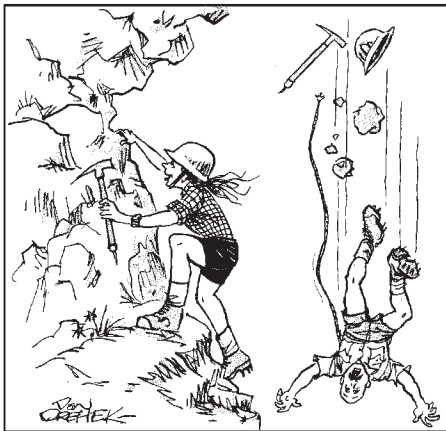
Fume

MOSKE

Enjoy

SHRILE **TODAY'S WORD**

answer on page 29

"Honestly, Gary ... you've got the
weirdest _____."**PUZZLE ANSWER****SUDOKU**

9	3	4	5	8	1	2	7	6
5	6	1	7	2	9	8	4	3
8	7	2	3	4	6	1	9	5
1	4	8	6	7	2	3	5	9
6	2	7	9	3	5	4	1	8
3	5	9	4	1	8	7	6	2
4	1	6	8	9	3	5	2	7
2	9	3	1	5	7	6	8	4
7	8	5	2	6	4	9	3	1

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★ ★ ★ CLASSIFIEDS ★ ★ ★ CLASSIFIEDS ★ ★ ★

HELP WANTED

ASSISTANT MANAGER

Resort and Marina seeks Assistant Manager. Excellent pay and benefits. (239)-470-5389.

*NS 4/22 CC 4/29

OFFICE MANAGER/ RECEPTIONIST

The Clinic for the Rehabilitation of Wildlife (CROW) is looking for a

full time office manager/ receptionist. Schedule may include weekend days.

Essential Duties and Responsibilities:

- Acts as primary contact for all incoming calls and emails regarding wildlife.
- Works as admissions coordinator to injured wildlife arriving at hospital.
- Coordinates the rescue, transport and release of wildlife to and from CROW.
- Educates public on CROW's wildlife and conservation policies.
- Supervises and trains any volunteers in First Responder duties.
- Updates and maintains wildlife database.
- Maintains files on patients records and supply invoices/receipts.
- Orders and receives/ stocks clinic supplies.
- Completes regular reports as required and ensures all permits are kept up-to-date.
- Completes any other tasks assigned by the veterinary staff and interns.

Please submit a resume complete with 3 references and letter of intent to Dr. Heather Barron at hbarron@crowclinic.org.

Salary range is \$11/hr. to \$12.50/hr. and will commensurate with experience level.

*NS 4/15 CC 5/6

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*RS 1/4 NC TFN

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*NS 4/22 CC 5/13

Shore Fishing:

Don't Harm The Fish

by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

- Hold the fish in the water while you unhook it if you're going to release it.
- The less you can touch a fish before release the better for the fish.
- If you want a picture with the

fish, support it as you lift it out of the water – and do it quickly.

- Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.
- Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

SCRAMBLERS

solution

1. Creamy; 2. Leader;
3. Smoke; 4. Relish

Today's Word

YODEL

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OF SOUTHWEST FLORIDA

THE RIVER
WEEKLY NEWS
FROM THE BEACHES TO THE RIVER DISTRICT
DOWNTOWN FORT MYERS

TO PLACE A CLASSIFIED LOG ONTO:

IslandSunNews.com

CLICK ON **PLACE CLASSIFIED**

Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Barefoot Beach	Bonita Springs	2013	4,603	\$4,895,000	\$4,550,000	21
Spring Ridge	Bonita Springs	2002	6,370	\$3,390,000	\$3,200,000	104
Verona Lago	Miromar Lakes	2004	5,596	\$2,195,000	\$1,900,000	753
Portofino	Miromar Lakes	2015	3,386	\$1,995,000	\$1,995,000	86
Southwinds Estates	Sanibel	1972	2,140	\$1,249,000	\$1,234,000	5
Renaissance	Fort Myers	2016	3,375	\$1,189,990	\$1,100,000	63
Fa Lanes Bayview	Captiva	1979	1,606	\$1,049,000	\$1,032,500	125
Grande Estates	Esterro	2006	3,404	\$995,000	\$900,000	58
Seaside Estates	Fort Myers	1999	3,367	\$945,000	\$930,000	165
Ferry Landing	Sanibel	1986	2,369	\$899,900	\$875,000	82

Courtesy of Royal Shell Real Estate

★ ★ ★ **PLACE CLASSIFIED - online at - www.IslandSunNews.com** ★ ★ ★



Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500
ARTS	
Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321
CLUBS & ORGANIZATIONS	
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Clubs:	
Fort Myers Beach	765-4254 or 454-8090
Fort Myers Edison	694-1056
Fort Myers South	691-1405
Gateway to the Islands	218-5768
Iona-McGregor	482-0869
Lions Clubs:	
Fort Myers Beach	463-9738
Fort Myers High Noon	466-4228
Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900
AREA ATTRACTIONS	
Bailey-Matthews Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to:
press@riverweekly.com

	3				1	2		
5			7				4	
8		2		4				5
	4				2	3		
6			9				1	8
		9		1			6	
		6	8		3			7
	9			5			8	
7					4	9		

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27

Pets Of The Week

Hello, my name is Watson. I'm a 3-year-old white male Chihuahua. I was found wandering around the back parking lot at Animal Services. This Watson needs a Sherlock Holmes to solve the mystery as to how I ended up there. I have quickly become "Dear Watson" to all of the volunteers. I'm smart, attractive, playful and sociable. Everyone needs a little Watson in their life. Come meet me! My adoption fee is \$75.

Hello, our names are Socks, Tiger and Stripes. We are all neutered male tabbies. We are three handsome roommates here at the shelter as well as in our previous home. We're triple the fun and have tons of love to give. Our adoption fee is \$50 for one, two or all three of these fabulous felines!

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

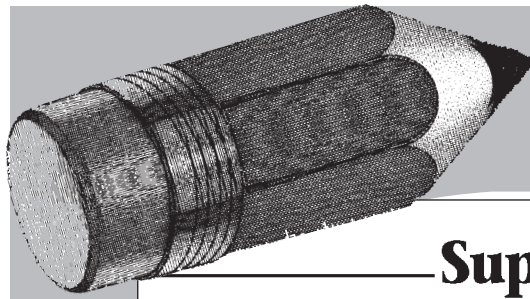
The adoption package is valued at \$500.*



Watson ID# 657272



ID# Socks 626740, Tiger 643478, Stripes 626739



BEACH CHAIR PASTIME

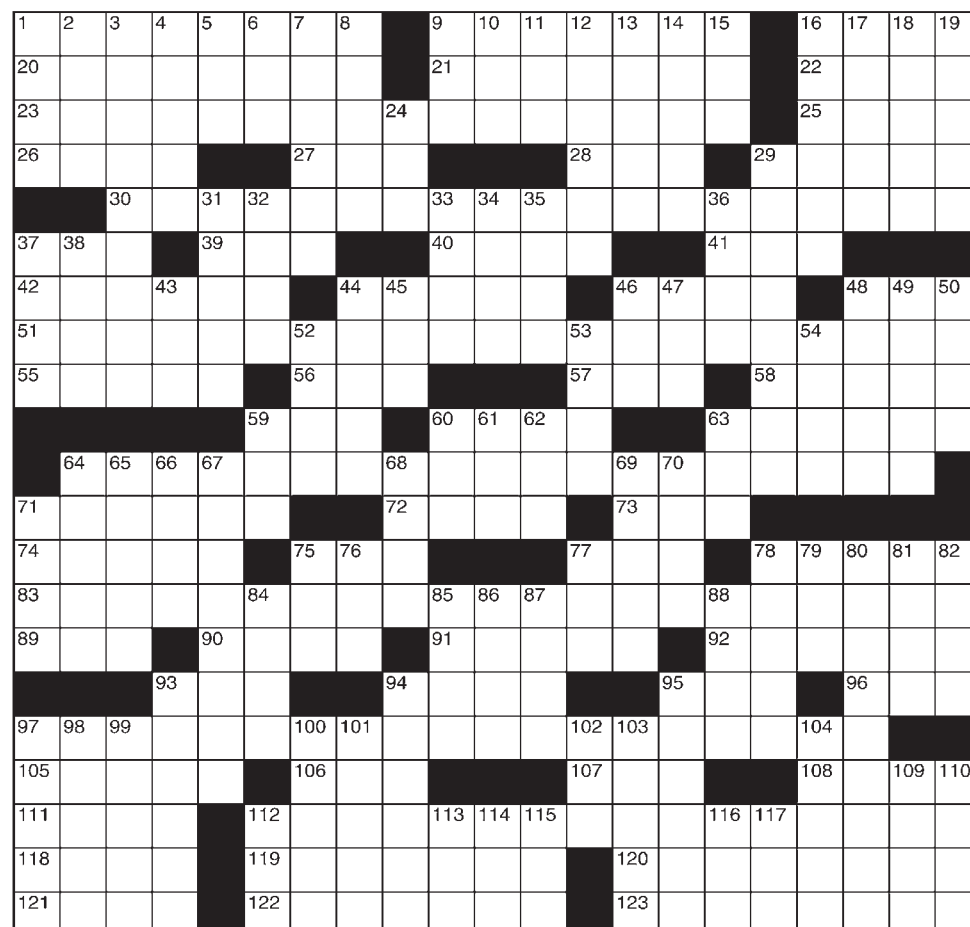
answers on page 25

Super Crossword

WHAT'S IT ALL ABOUT?

ACROSS

- 1 Gallery events for buying works
9 Acting in a Broadway show, e.g.
16 "High Voltage" rock band
20 Most calm
21 Exposed to danger
22 Shift course
23 112-Across, #1
25 German river
26 Toothed tongs tool
27 Punker/folkie DiFranco
28 French for "summer"
29 Trample (on)
30 112-Across, #2
37 Sidekick
39 Olds of old
40 Uplifting poems
41 "Go, toreador!"
42 Ultimatum concluder
44 Inedible orange type
46 Son of Adam
48 Timber tree
51 112-Across, #3
- 55 Ruhr industrial city
56 Pro Bowl org.
57 Former GI
58 Spay, say
59 Bring to court
60 Lorain's lake
63 Paige of the stage
64 112-Across, #4
71 2006-12 Mexican President Calderón
72 Like seams
73 — room (Ping-Pong place)
74 Make right
75 Nothing
77 Skull section
78 Milk: Prefix
83 112-Across, #5
89 UV blockage stat
90 All 52 cards
91 Alarm
92 Turn around
93 Lemon
94 Be alarmed by
95 Tippler's hwy. offense
96 — Paulo
97 112-Across, #6
- 105 Tiny skin openings
106 Place to buy tkts.
107 "Total Recall" director
108 "It happens to the best —"
111 Be a drifter
112 This puzzle's theme
118 Price to play
119 1970s cop show
120 Mechanic's crowbar
121 Not brush off
122 Nothing-but-net sounds
123 Least lenient
- 11 Married Mex. woman
12 Bathroom floor installers, often
13 Supreme Court justice Samuel
14 "— while they're hot!"
15 Joseph who co-founded an ice cream company
16 Indisposed
17 Tabloid topic
18 Prohibit
19 Set of beliefs
24 Espionage org.
29 Fish story
31 Firing crime?
32 Bog plant
33 Kvetch
34 Chisel part
35 Tolls, e.g.
36 Garden implements
37 With 78-Down, Best Director of 2012
6 See 5-Down
7 Misissippi or Nueva York, por ejemplo
8 Wasp wound
9 N-R linkup
10 Modern, in Germany
- 48 Ludicrous
49 Script unit
50 Present
52 "Move — a Little Higher"
53 Nights of anticipation
54 Verve
59 "Isn't — Lovely"
60 Relative of "speak"
61 Sudoku part
62 Place to stay the night
63 And other things: Abbr.
64 All upset
65 "Half — is better than none"
66 Skating area
67 Velocity increases
68 Kauai, e.g.
69 Obliterate
70 Lizardlike amphibian
71 Web pages for newbies
75 "Siberia" network
76 Really pester
77 Shake up
78 See 37-Down
79 Singer Garfunkel
80 Truce
81 "So long!"
- 82 Spread in the dairy section
84 Start over on
85 Totally lost
86 Chrysler line of the 1980s
87 Do field work
88 Santa —
93 Viewed to be
94 Blaze features
95 "Shoot!"
97 Winfrey of "Beloved"
98 Not a soul
99 Packing box
100 "Hogwash!"
101 Fetal homes
102 1970s foe of Frazier
103 Chaps
104 "Baywatch" actress
Gena Lee —
109 Aliens' craft
110 Shipped off
112 About half of a fluid oz.
113 Numerical suffix
114 Noshed
115 Repeated syllables in "Hey Jude"
116 Tantalite, e.g.
117 — -de-lance



King Crossword

ACROSS

- 1 Medicos
5 Performance
8 "Oh, woel!"
12 Acknowledge
13 Greek consonant
14 Domestic
15 Nonsense
17 Pack away
18 Gray, in a way
19 Motes
21 Aid
24 "Go, team!"
25 Rickey flavor
28 "The Music Man" locale
30 See 9-Down
33 Emulate
Lindsey Vonn
34 With 23-Down, what "it's all about"?
35 Historic time
36 Lair
37 Humdinger
38 Blue hue
39 Have bills
41 Holler
43 Capacitance measures
46 — Ste. Marie
50 BPOE members
51 Vegan's Thanksgiving
- entree
54 Regimen
55 Fuss
56 Retain
57 Eyelid woe
58 Tyrannosaurus —
59 Old gas station name
- 8 Bewildered
9 With 30-Across, one with two working parents, maybe
10 Out of control
11 Stitches
16 Catcher's place
20 Beseech
22 Oz character
23 See 34-Across
25 "Acid"
26 Eisenhower
27 A restrained manner
29 Existed
31 Glass of
- NPR
32 Newsmen
Rather
34 Did some weeding
38 "2001" author
40 Squander
42 Baton Rouge sch.
43 G-men
44 Settled down
45 Celeb
47 Guitars' kin
48 Dregs
49 Proof-reader's find
52 Praise in verse
53 "Family Guy" network

DOWN

- 1 Beavers' constructs
2 Elliptical
3 Pop selection
4 Envelop
5 Clumsy boat
6 Guevara
nickname
7 Santa's sackful

MAGIC MAZE • TOUR DE FRANCE WINNERS

N Q N K H D A X U R P M J G D
A X V S Q N K I K F M D A A F
X V T Q O M J H F C A C R A A
Y W U R P N L J N O E M H F B
D B Z X (W I G G I N S) L V T E
Z R Q O M K I D A T G Y H H R
F T D B Z S N I R A G Y H C T
W V N T N O R O U D Q O N T S
L K I A M H N L D O F D C A A
Z X V E R G T E N R O C W V S
U E L S R F O R I E R E P Q O

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Armstrong
Contador
Cornet
Evans

Faber
Frantz
Garin
Gaul

Indurain
Maes
Pereiro
Sastre

Schleck
Thys
Wiggins



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